The John Brown University Counseling Center no longer offers free, unlimited counseling to its undergraduate students. The center is now limiting free sessions for students to eight sessions per academic year.

In the past year, the center recorded a dramatic increase in students requesting the free counseling provided as a cost of their tuition. For the limited resources of the counseling center, the demand is proving overwhelming, Tim Dinger, director of the center, explained.

“We’re trying to be good stewards of our resources,” Dinger said.

“On average, people see a therapist for six to eight sessions,” Dinger said.

“Providing eight sessions will serve students most effectively.”

For the limited resources, students who have experienced counseling may be positive for students.

“It creates a lot of anxiety for us when we have someone on the waiting list, and we can’t get them in.” Niles said.

Dinger said the changes will add focus to individual sessions.

“Sometimes, instead of experienced counseling in the past seem to have no doubts about what we are doing,” Dinger said.

“It makes a lot of sense.” Niles said.

“Everyone is going to be positive for students.”

Dinger said the changes will be “do more things” for counseling.

Center will have option to continue individually with their counselor for $50 per session, or join group therapy.

The fee applies to both formal counseling and the four graduate assistants who work at the center.

Group therapy will begin in late February.

“Group therapy has been shown to be as effective and in some cases more effective than individual therapy.”

Dinger said.

Counselor Jennifer Niles said that group therapy would enable students to move forward.

Students who have reached rock bottom.

“A lot of students know that they can be the first step on the road to recovery, rather than a last resort,” Dinger said.

Palm said that people like that “helped me believe I was going to get better.”

Roller encouraged students to affirm their friends in seeking help.

“They should think more of their friends rather than less because they choose to go to counseling, because we all have struggles and things we go through.”

Roller said.

“Anonymity and confidentiality is something students have to know,” Dinger said.

“Is this the first order of business in group therapy, and it’s addressed every session.”

As for the effects of individual therapy, Niles is confident that the changes will be positive for students.

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Balzer to take sabbatical, end in the UK

Kori Lancaster
Staff Writer

If you notice something missing in the Biblical Studies Department this semester, it could be Cary Balzer.

Balzer, John Brown University’s director of faculty development and an associate professor of biblical studies, is taking a sabbatical this semester.

While in England, the Balzers will return home in mid-May, just in time for those interested in the United States and John Wesley’s development of Quakerism, during his sabbatical.

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One of the main reasons Cary wanted to spend part of his sabbatical in England is to study and research in areas that theologian John Wesley studied, said Cary. His doctoral dissertation was on Wesley’s concept of salvation. He believes experiencing historical places and being in the same places on historical figures makes teaching about those things more interesting.

“As a professor of historical figures making teaching about those things more interesting.

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“The tradition is that after working in academia for seven years, you have to take a sabbatical," said Balzer’s wife Tracy, the University’s director of faculty development. “And that semester is not just for research and presentations. It’s not like the United States where we have lots of Christian universities, she said.

Cary will be giving presentations about faculty development while at the college, and Tracy Balzer will be assisting them withLarge focus and research, he hopes to pursue this avenue of career before pursuing his master’s degree. He dreams of working in social work or counseling as he “loves hearing people’s stories, from all walks of life.”

Turn to page 3 for more information about this, and the Life’s role in serving others.

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February 6, 2014

**NEWS**

**The Threadplate Advocate**

**Vila and students attend seminar on Islam**

**Krisen Underlinden**

Staff Writer

Krisen.Underlinden@jbu.edu

David Vila, professor of religion and philosophy at John Brown University, accompanied over 20 JBU students to Tegucigalpa, Honduras, on Saturday for an Islam seminar from Crescent Project’s President Fouad Masri. The College Heights Christian Church hosted the seminar, which travels to various churches around the country. The Crescent Project’s mission statement states, “Hope worth sharing; to inspire, equip and serve the Church to reach the nations with the Gospel of Christ for the Glory of God through prayer, training, local outreach, and short-term trips.”

Messi provided a background of the Islamic faith and the controversy in the studies of its introduction to Islam’s influence in Turkey to introduce it. He expanded upon the differences between Christians and Muslims in today’s world and how believers might better reach them with the gospels.

**Honduran unrest causes concern for students**

**Rebekah Hedges**

Contributor

HedgesR@jbu.edu

Honduran students are leaving the country because of the fear of a coup d’état similar to what occurred with the last coup in Honduras. With the inauguration of Juan Orlando Hernandez on Jan. 27, violent protests and marches occurred throughout Honduras’ inauguration.

Despite the peace marches, protests, and the judicial ‘death’ of the country’s presidential vote after the first round of the election, the results remain the same. Teenagers from the upper classes, and students from Jesuit universities, comprised of 4,000 police and soldiers protect the national building. Mr. Hernandez and his running mate Castro. Eighteen-year-olds are the estimated death toll in the run-up to the election. “Even though I love my country, we can’t hide our eyes anymore,” said Daniel Madrid, sophomore and Honduras native Belinda Henriquez. Hernandez described the writing system as fraudulent and manipulative. “People that can even own the government can see their IDs and count their votes. Since I am not in my country they probably used my identity to cast ‘my vote’ even though I didn’t have the opportunity,” said Henriquez. Altered tally sheets, dead people included in the voter registry and altered machines allowed the LIBRE Party to gain votes from people in the lower class, and even try to buy votes from the people in the lower class,” said Daniel Madrid, sophomore and Honduras native. “This causes everyone to feel that their votes did not count.”

With the inauguration finalized, the fear of a coup d’état similar to one in 2009 began to stir in the minds of Honduras. “One thing we worry about is going through the coup d’état again, which will cause the country to go through an economic crisis and instability,” said Henriquez. “I am also worried for my family back home in regards to visas and travel between countries,” said Henriquez. Hernandez described both the LIBRE Party as gang members. “I also worry about a coup d’état happening the United States cancels everyone’s visas, which may include but not be limited to a variety of non-resident visas,” said it is hard to trust politicians in this country,” said Henriquez. “Its main function is to answer questions, schedule calls for service and to patrol campus.”

**Campus Safety recently purchased a white 2014 Jeep Patriot.**

The Jeep was bought to replace an old, worn out vehicle. **“The main function is to answer questions, schedule calls for service and to patrol campus.”**

**Campus Safety currently has four vehicles: Jeep Patriot, Chevrolet Malibu, golf cart and bike.**

**New SUV will be their primary vehicle.**

**Students listen to Crescent Project President Fouad Masri at a seminar about Islam.**

**The Crescent Project is a part of the Crescent Project’s mission to equip Christians with the tools to share the gospels in Muslim countries.”**

Hernandez expanded upon the differences between Christians and Muslims in today’s world and how believers might better reach them with the gospels.

**Hernandez remains in unrest after the outcome of the 2014 country’s presidential vote’ protests and marches occurred during Hernandez’s inauguration.**

Hernandez said “the party is over for criminals,” and added that he would do whatever it takes to stop crime. “In the coming months, Hernandez said it is hard to trust politicians in this country,” said Henriquez. “It was really insightful and encouraging to me…it opened my eyes to the great need, even here in the U.S. to reach out to them,” said a Middle Eastern luncheon was included in the voter registry and altered machines allowed the LIBRE Party to gain votes from people in the lower class, and even try to buy votes from the people in the lower class,” said Henriquez. Hernandez described both the LIBRE Party as gang members. “I also worry about a coup d’état happening the United States cancels everyone’s visas, which may include but not be limited to a variety of non-resident visas,” said it is hard to trust politicians in this country,” said Henriquez. “Its main function is to answer questions, schedule calls for service and to patrol campus.”

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Lethal injections

Air hunger. The suffocation-like syndrome exhibited through the clenching of fists and snorting sounds of a body straining for breath. The inmate would first receive a drug to render him unconscious, followed by a paralyzing drug to keep him from moving around. The last drug was administered to induce cardiac arrest, causing the inmate an almost painless and quick death.

The three-drug process is now down to two- or even one-step processes, giving the inmates only a sedative and a painless death should be used for lethal injection over the other versions that can cause immediate suffering and pain.

Inmates should not be treated as lab rats – part of an experiment. They should receive a humane death in which their loved ones do not have to look on anguish, as the Ohio inmate’s family did as they watched their father struggle to breathe for more than 15 minutes.

We should decide whether to take the life of a convicted felon based on his crimes, but we should fight for their right to die painlessly.

Christopher Wilson

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The Threefold Advocate

The Threefold Advocate would like to extend an invitation to all JBU students to submit letters to the editor. We ask that you keep your letters to 350 words or less, and we reserve the right to edit for space and appropriate content. Letters may be faxed in at 675-4229 or may be mailed to the above address.

February 6, 2014
Where should missionaries go?

Opinion
The Trinitarian

Joshiad Wadack

This past semester, I was asked a question that I had never been asked before: Where should missionaries go? It was the question that I had toyed with myself daily during my 13 months in Uganda. It was the question that I had wrestled with and tried to answer daily. It was the question that I had had the privilege of answering — a privilege to speak to the millions of missionaries who reside here. This is what I have concluded:

We are not called to go and find God. We are called to go and be God. We are not there to help people find Jesus. We are there to make Jesus find people. We are not there to save people by evangelizing them, but we are there to bring them to Jesus by our lives.

The greatest witness we can provide is to show people who we are and what we believe in our actions. We need to demonstrate the love of Jesus in our words and actions. We need to show people the power of the gospel in our lives. We need to live out the gospel in our actions.

We need to be missionaries in our own lives. We need to be witnesses to the world. We need to be lights in the darkness. We need to be salt in the world. We need to be living examples of the love of Jesus.

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Life is a jumbled mess of questions and answers. Cary Balzer finds renewed strength despite MS.

A young Seattle pastor relaxes in front of his church, smiling. He seems happy, despite the challenges he faces. The pastor, Cary Balzer, has been diagnosed with MS, a disease that affects his body in many ways.

However, Balzer has learned to live with MS in a way that allows him to continue doing the things he loves. He has found a balance between taking care of himself and being a father to his family. He has even found a way to use his condition to help others.

The Balzers have now been at the University for 17 years, and they couldn’t be more excited about the upcoming concert. Director Jonathon Estes is enthusiastic about the upcoming concert, stating, “Rend Collective Experiment will engage not only the students at the University, but the community as well.”

BLU Entertainment has worked hard to make the concert ticket prices affordable for the students, and Balzer and Estes are hopeful that their album, “Homemade Worship By Handmade People,” will be enjoyed by the students and the community.

The concert will be held in the Cathedral of the Ozarks on Feb. 8. Doors will open at 6:30 p.m. and the first set will begin at 7:00 p.m. Doors will open at 6:30 p.m. and the first set will begin at 7:00 p.m. Tickets are $15 for adults and $10 for students.

The concert will be a great opportunity for students to experience authentic worship and encounter the power of God in a new way. It is a chance to come together in order to pray and prepare for this special event.

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The Socality movement is becoming more prevalent in students’ Instagram feeds. It hopes to inspire connections, relationships and encouragement among the Instagram family. So the question is where did the name ‘Socality’ come from? Social (SO) Community (C) all for (AL) eternity (ITY). The movement hopes to embed that focus into everything they do and to be an open community for all who wish to express the same notion.

“Socality to me, is people inspiring each other on Instagram,” said Hannah Garrett, junior. She joined the movement two weeks ago and has been inspired and driven by the gospel and God’s creation ever since.

Instagram was created in 2010, with the purpose to bring people together to share photos of their lives with each other, instantly. Socality spun off of those ideas and brought the focus around the Gospel.

“I joined Socality because I really liked the idea of forming a community of believers that could encourage each other and share their faith over social media,” said freshman, Devon Schmidt. “I think it’s cool to see all of these different people, all over the world, coming together. Making friends is fun too.”

Socality’s mission is, “to connect and create influencers and equip them with the resources they need; whether in photography, film, worship or other creative platforms, in order to mobilize individuals to serve and impact their community and reach their greater potential in Christ,” stated it’s website.

Since joining this movement, Garrett and Schmidt have since changed their mindset to center around the Socality mission whenever they post photos and videos on Instagram.

“I wanted to connect with people who have the same interests as I do,“ said sophomore, Jake Knight. His love for photography and joy for forming new relationships drove Knight to join the movement toward the end of December.

With the mission to bring people together, Knight, Garrett and Schmidt want to not only be encouraged through this movement, but to be able to pour out to others as well.

“I am Socality.” Members say these three words carry a heavy load and mindset for anyone who says them. Also, for them, by stating this, you are committing to be a part of a movement of Christ-followers and fellow Instagrammers whose sole purpose is to spread the Gospel.

Knight used to post mundane and pointless posts. “I wasn’t always like that on Instagram, I used to post stupid stuff like selfies,” said Knight. Garrett hopes to gain more connections through the movement and encourage others through creative posts to keep their focus on the gospel.

“I am thankful that Instagram can be my creative outlet and the Socality community can inspire my creativity,” said Garrett.

#socality tags instagram
**Super Bowl XLVIII was historic in an unexpected way**

Super Bowl XLVIII brought in a record 111 million viewers in Super Bowl history. The Seattle Seahawks won 43-8 in 30 seconds of the Red Hot Chili Peppers. The great half-time performance, however, wasn’t remembered, because nothing went wrong. Wardrobe malfunctions (2004) and sound mixings issues (2011) were avoided and everything went smoothly. The commercials this year took a Hollywood approach and they were mostly sequels of last year’s Super Bowl commercials. Several of the commercials seemed to cause a stir with different social issues into selling a product. Coca-Cola’s commercial featured “America the Beautiful” being sung in several different languages. This caused many people to speak out against it on twitter. Some people used the hashtag “Speak-American” in their tweets. A torrent of responses to those attacking the ad ensued. It was later realized that this trending hashtag was used more by people defending Coca-Cola’s commercial than by those attacking it.

Richard Sherman went into the game being one of the most hated players due to his brashness. Many said he was clearly out of line when he called himself “the greatest corner in the league” and called Michael Crabtree “a mediocre receiver.” Sherman got the last laugh as he held the Vince Lombardi trophy over his head after the game. After which, did he go on a tirade about how Manning was “a mediocre quarterback?” Not even close.

After the game Sherman toasted “Peyton is the Classiest person/player I have ever met! I could learn so much from him! Thank you for being a great competitor and person…”

**Basketball continues conference play**

Men
13-8 overall, 3-8 SAC play

Women
16-4 overall, 8-3 SAC play

Senior Kofi Josephs dribbles the ball in a game against Mid-America.  

**SPORTS**

The Thirdefall Advocate
University alumna instructs wellness

Jon Skinner
Lifestyles Editor
SkinnerJJ@jbu.edu

When students walk into the swimming wellness activity class this semester, they may see a familiar face. Siloam Springs High School’s swimming coach, Stephanie Goddard, is now teaching this wellness activity at John Brown University.

Stephanie Goddard

Goddard has coached the Siloam Springs swimming team for 13 years. Goddard said she takes a different approach to teaching the wellness class as opposed to coaching her team. “With the [wellness] activity it’s endurance as opposed to speed,” said Goddard. “I want my activity class to use swimming as a lifetime exercise and in case of an accident or disaster they should be able to survive.”

While this is just her second semester teaching on campus, Goddard is no stranger to the University and its facilities. Siloam Springs High hosts its home swim meets and weekly practices at the Walton Lifetime Health Complex pool.

Goddard, a 1992 JBU graduate, currently teaches special education, algebra and geometry in addition to coaching. "With the [wellness] activity it’s endurance as opposed to speed," said Goddard. "I want my activity class to use swimming as a lifetime exercise and in case of an accident or disaster they should be able to survive." While this is just her second semester teaching on campus, Goddard is no stranger to the

University and its facilities. Siloam Springs High hosts its home swim meets and weekly practices at the Walton Lifetime Health Complex pool.

Goddard, a 1992 JBU graduate, currently teaches special education, algebra and geometry in addition to coaching. After the University’s previous swim teacher left to take a coaching position at another university, the Health Sciences Division needed a replacement.

Brian Greuel, chair of the Division of Natural & Health Sciences, said they looked for someone local with experience teaching. "As an alumna of JBU with over 16 years of experience as a teacher and swim/dive coach for the Siloam Springs School District, Stephanie Goddard fit the bill perfectly," said Greuel. "We were able to do some creative scheduling to make it possible for her to teach this class for us, while also continuing her present position with the school district." As part of the swimming class, Goddard will bring her high school swimmers along to teach different stroke mechanics.

Senior Broderick Wilson, who works at the health complex said having a familiar person teaching the wellness swimming course helps provide Christian outreach to students. "She will help to make sure students have more than an athletic connection, but a
A new year means more time. More time for self-improvement, more time to have fun, more time to try something new, and more time to get involved. At John Brown University, there are countless different ways to be involved as a student. From leading worship to playing rugby, opportunities are available for everyone. Take the quiz below to find out what club, organization or activity you should try out in 2014!

2. What's your must-have accessory?
   a. My phone keeps me updated on everything
   b. You never know when you'll need a blazer
   c. Scarves are cozy and look great on anyone
   d. I never go anywhere without my CamelBak
   e. A sketch book.

3. Describe your ideal Friday night.
   a. Trying out the new fusion restaurant in town
   b. Rehearsing for the school's upcoming play
   c. Enjoying some coffee and a concert at Pour Jon's
   d. Trying out a tandem bicycle from Dogwood Junction
   e. Redbox or Netflix with a few friends

4. What's most important to you?
   a. Celebrating diversity
   b. Having my voice heard
   c. Expressing my creativity
   d. Taking care of my body
   e. Authenticity and loyalty

5. Pick an ideal vacation.
   a. There's always something new to see in New York City
   b. Los Angeles- Hollywood is calling my name
   c. A European art tour would be perfection
   d. Anywhere with a beach
   e. Tokyo looks like the coolest city on Earth

6. Which elective would you most likely sign up for?
   a. Slavery and Race in American History
   b. Public Speaking
   c. Recreational Guitar
   d. another Wellness Activity
   e. Drawing I