### \* Learning to brew the perfect cup of tea: p. 6

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JOHN BROWN UNIVERSITY'S STUDENT NEWSPAPER

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Siloam Springs, Arkansas

# Tourney leaves school in the black

Jon Skinner

Staff Writer

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The Sooner Athletic Conference Tournament drew regional fans and proved a success for the University, thanks to the work of faculty and alumnus volunteers.

The Sooner Athletic Conference Men's and Women's Basketball Tournament at Bill George Arena was University's first time hosting.

Between managing lodging, transportation, and scheduling for visiting teams; and ticket sales and accommodations for fans, the SAC Tournament was a massive undertaking.

"As far as the logistics of running it and the feedback



that we've gotten from visiting teams, it was very successful," said Director of Athletics Robyn Daugherty, "it was a great event."

The University not only was able to cover the \$10,000 cost of the tournament but also make a net profit of \$10,000 as well, which goes to the SAC.

Also, the University was able to pay the \$2,000 it spent reimbursing student tickets out of its postseason tournament budget. Usually, the school will spend upwards of \$7,000 traveling to tournaments out of state, but this year hosting the tournament kept costs down.

Another way the school was

able to save money was the complimentary meals in the Arena's hospitality room.

Local businesses Zaxby's and Simmons donated food, and alumnus and faculty did their part, too.

"Our alumnus and our faculty and staff brought lots of food," said Daugherty, "For three days we fed a lot of people a lot of food with no cost."

The effect volunteers had on the tournament extended beyond food, though.

"We couldn't have done it without the volunteers," said Daugherty, "We had over 100 volunteer staff members that ran this thing and without them we would have failed."

As well as the standard tournament events, JBU

brought an NAIA tournament tradition to the conference level. The University hosted a Champions of Character event simultaneously with the tournament.

"This happens at the national tournament, but nobody's ever seen it done at the conference level," said Daugherty.

The event brought in young students from around the area to listen to university athletes speak about the program's core values: integrity, respect, responsibility, sportsmanship and servant leadership.

"It was a huge success we had about 250 kids that came," said Daugherty, "Our athletes did a

See HOOPS page 3

# Bracing for 2012 tornado season



West Siloam Springs residents pick up the pieces after tornadoes barrelled through

their community last Summer.

### **Shelby DeLay**

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When attending a university sitting just outside of "Tornado Alley," it is important to know the significance of incliment weather when it forms.

Drive three hours in one direction, and you land in Oklahoma City, which according to NOAA.gov, has had the most recorded tornadoes for a single city in the United States. Drive three hours in the other direction, and you land in Reeds Spring, Mo., the site of a recent tornado outbreak and home town to freshman Liz Coleman.

After hearing about the devastation that took place Feb. 29, 2012, a group of six JBU students, including Colman, went to help with relief efforts taking place in Reeds Springs, Kimberling City and Branson, Mo.

"When we drove up, the damage was unbelievable," Coleman said. "You always think that it will never happen to you or people that you love, but seeing that it had, left me speechless."

Coleman has lived her whole life in Reeds Springs, and knows many of the people and places personally affected by the recent tornados including her church family, best friends' homes, and places that she grew up going to. Senior Kaleb Bledsoe also

helped out with the tornado relief, and noted that the group helped clean up the property of a farmer from Coleman's church—Dale.

"We spent most of the day cutting trees, picking up debris and a lot of sheet metal from a damaged barn," Bledsoe said. "Mr. Dale seemed to almost tear up at the end of the day and he told me and some of the other guys multiple times that he really appreciated us come out and helping."

Each of the people that the students came across were "very open. Everyone was thankful to have someone to cling to," Coleman said. "Everyone likes to cling to possessions, but once those are gone, they rely on clinging to someone."

Though it is impossible to predict when or where tornadoes will occur, the chance of a tornado hitting the JBU campus is

It is important to know what to do when conditions are favorable for the storm. Two important things to note are the differences between a tornado "watch" and a tornado "warning."

According to NOAA.gov, a tornado watch will be issued when "tornadoes and other kinds of severe weather are possible in the next several hours." A tornado warning will be issued when "a tornado has been spotted, or

that indicates a thunderstorm circulation which can spawn a tornado."

So what should you do when a tornado warning is issued?

Go to a sturdy building, to the lowest level and in an inner room or hallway away from windows. Stay alert and listen for instructions on what to do.

NOAA.gov says that after a tornado you should stay with someone else, use caution when dealing with injured, don't enter damaged buildings, and remain calm and alert.

As for the damage that has taken place in southern Missouri already this year, there is still a great need both physically and emotionally.

"We worked hard, but had a great time working together and by God's grace being the body of Christ," Bledsoe said. "It was a great feeling knowing God used you to encourage this man in such a hard time."

As for going back to help with the physical damage, Coleman stated that she "just can't stay away."

After any type of disaster, people want to just sit and talk. They need someone to be there to care," Coleman said. "It takes time to rebuild things like homes and businesses, but also a long time to rebuild emotional loss."

### Last season

1707 tornadoes confirmed in the U.S.

During May of 2011, three tornadoes ripped through West Siloam Springs. One demolished a mobile home community. Nine were injured, including one with a broken back and several others with broken arms and legs. Seventeen structures were damaged.

Numerous groups responded to help, including the Colcord Police, Kansas Police, Benton County Search and Rescue as well as the Red Cross.

After the tornado tore through the small mobile home community, remnants of their home such as bags of food, family photos, dressers, sinks and teddy bears sprinkled the ground.

# The Next Big Thing



HEATHER FOLEY / The Threefold Advocate

Senior Criston Anderson serenades at the Next Big Thing. Anderson and his bandmate Ark. native Caleb Powers took home the title of "Next Big Thing" and a \$2000 recording contract.

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The Threefold Advocate

# Cafeteria seeks to meet dietary restrictions

### **Brittany Reading**

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After battling health issues, senior Jessica High's food restrictions kept her from enjoying an average meal at the cafeteria like everyone else.

Her gluten-, dairy- and soyfree diet left little to desire as she searched the cafeteria's menu online on a weekly basis, only realizing there was not much she could actually con-

After the doctor cut such food

from her diet last semester, she thought she could get by for a couple of months by eating what she could from the cafeteria until she began losing weight.

"I lost so much weight because beans just didn't cut it anymore," she said.

As the expense of a glutenand soy-free diet paired with a busy schedule made life even more difficult, High sought help from the University's food services and talked to Aramark chef Scott Hicks about her food restrictions.

"A lot of students don't know what we have to offer simply because they are unaware," he explained.

Aramark deals with food restrictions on an individual basis as students approach them with their dietary needs.

Once food service workers are aware of students needs, they create custom meals according to their restrictions as well as their schedule.

Aramark currently accommodates more students dealing with soy and gluten sensitivities due to their food restrictions. However, the more food restrictions students have the more limited their selections are.

"We try to keep their meals the same as others," Hicks said.

"For instance, if the other students are having chicken with a certain sauce, we'll just make theirs separately."

Last year, Hicks researched the availability to purchase gluten-free bread and cake mixes but it would have cost five times more than what they are already doing. Though they do not serve gluten-free bread, students can still enjoy deli sandwiches from the cafeteria by bringing in their own bread.

Currently, food services provide gluten-free pizza skins for specialty pizzas, lettuce wraps and also serve chicken and vegetables for students who are gluten-free.

This year, Hicks met with 10 to 15 students about their dietary needs but is only making two separate meals each day despite these previous discussions.

We're here to take care of students regardless of their issues," Hicks said.

After discovering Aramark's accommodations for students struggling with food sensitivities, High decided to stay on the meal plan.

"People just don't know what food services offers and they should be more aware," she said.

# Selling fashion for a cause: Alumni work for India

### **Emerson Ayala**

**Opinions Editor** 

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To the beat of up-tempo music and flashing lights, several woodblock-printed scarves and handbags journeyed all the way from Rajpur, India to a 50-foot runway in Northwest Arkansas.

JOYN, the India-based, development-seeker textile company founded by John Brown University alumni, featured its newest designs at the opening of Northwest Arkansas Fashion Week 2012. The event ran from March 8–10 and it took place in East Square Plaza in Fayetteville, Ark.

JOYN took center stage during the first night, dedicated to local designers. Twenty models walked the runway back and forth displaying JOYN's Spring 2012 Collection, amid local designers such as BonnerBell and Esque.

Around 300 people attended the JOYN show, which consisted of an array of handbags, scarves, headbands, and jewelry, all handmade by artisans in India. Masons at Bellafont, one of the boutiques that carry JOYN products, provided clothing to go with the JOYN display.

At the end of the show, JBU

alumna Alison Lewis, the company's liaison in the U.S., went on the runway to talk about the collection. With pictures of the Indian artisans in hand, Lewis shared about the company's story, joined on stage by her friend Lisa Vison, a volunteer who coordinated JOYN's fashion show

[Vison] is well connected in the fashion industry in NWA and heard about the opportunity," Lewis said. "We were featured on designer night, so were able to get our story in front of a larger audience."

Lewis, a former Soderquist Fellow who recently moved back from India, said their story was the real selling point.

"Our products stood out with our unique story and people from all types of boutiques really liked them," Lewis said. She noted that exposing their products to local fashionistas was a first step to create more buzz about their mis-

"We want the work of the people of India to be recognized," she said, adding that those artisans in India were thrilled to see photos of their designs on the Founded in 2010, JOYN is the

brainchild of University graduate Melody Murray, a textile industry expert who traveled around India looking to connect highend, hand woven rugs with Western markets.

After several attempts to create this connection and help local artisans, Murray moved to northern India and finally came across a winning concept. She set off to connect American markets with elegant yet simple accessories handcrafted by disadvantaged women, some of them rescued from the streets, working for fair wages and a just work environment. The original designs are printed in all kinds of forms, from headbands to pillows.

Murray works with another University grad, Rikki Marler. Lewis came back last December after spending the fall among the artisans in Rajpur. She is now in charge of sales, marketing and other logistics in the United

Besides the fashion show exposure, another important help for JOYN comes from JBU SIFE. Clayton Anderson, director of SIFE and also a former Soderquist Fellow, knew about their company's mission and presented it in SIFE class, generating enough interest to create a new SIFE project last October.

"When I heard about it, I was really passionate about what they were doing to empower women," said freshman Halley Swysgood, SIFE project leader for JOYN. "I believe their heart is in the right



Models showcasing JOYN's Spring Collection prepare to travel the runway at the Northwest Arkansas Fashion Week on March 8. JOYN is a company that seeks to bring products created by Indian workers to Western markets.

Swysgood leads a team of five SIFE students who are developing a Marketing Plan for the company. Team member Caleb Khazoyan is also helping with the company's web design. Although University students were not directly involved in the fashion show, Swysgood said her team participated last November in the Northwest Arkansas Boutique Show, where they worked the JOYN booth.

"[Fashion shows] are a great way to get the product out there and for people to hear the story," Swysgood said. "I hope JOYN continues selling in more boutiques, maybe even places like Macy's or Anthropologie," she

By the end of last year, JOYN was selling their products in several boutiques in Arkansas, North Carolina, Oregon, Kansas and Texas. Their products are also available online at Day-Spring's website.

Lewis said JOYN's plans are to continue to expand and to replicate the successful model in different parts of the world. "We hope to keep growing at

a healthy pace. Eventually we

would like to see JOYN spread in India, Guatemala, Kenya, anywhere people have a desire to do business as missions in a similar

fashion," Lewis said. Places were JOYN India prod-

ucts are available: Masons at Bellefont and Masons Leather Boutique (in the Northwest Arkansas Mall), Bella Jack's, The Mustache Goods & Wears and The Global Shoppe in Fayetteville; Kate Austin Jewelry & Gifts in Rogers.

JOYN India focuses on joining artisans in India with markets around the world. They can be found at joynindia.com.



JOYN's Skinny Bangles

Spring scarves hang on display at the Northwest Arkansas Fashion Week in Fayetteville, Ark. on March 8-10. These items are just one type of accessory available as part of JOYN's new Spring Collection.

### In the Bubble

### Grace in tragedy

Chapel speaker Newell Cerak will be sharing more of his family's story this evening.

The event is from 7:30-9 p.m. on March 15 in Bynum Theater in the Walton Lifetime Health Complex.

### Singing out

The Cathedral Choir will be presenting their spring concert after Spring Break. It will be in the Berry Performing Arts Center on March 27, 7:30-8:30 p.m.

### Out of the Bubble

### Effigy burning

usatoday.com Mar. 13

In Afghanistan, student protesters burned a cross and an effigy of President Obama.

The demonstrations came after a U.S. soldier allegedly gunned down nine Afghan civilians in a village Sunday morning.

A military court held a hearing Tuesday, ruling to keep the soldier in detention. Military officials say they will continue on track for a 2014 withdrawl.

### Da Vinci's lost art

cnn.com Mar. 12

Researchers announced Monday that they may have discovered a mural painted by Leonardo da Vinci which has been missing since the 16th century.

The work, commemorating a battle victory, was painted in the equivalent of a capitol building in Florence, Italy.

Fifty years later, another artist apparently built and painted a wall in front of da Vinci's work.

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The Threefold Advocate

### Freshman has a winning way with words ticed interpretations of pieces of lit-

Anna Wierman

Contributor wiermana@jbu.edu

A fresh face is picking up sev-

eral big honors for the John Brown University Forensics Team, and he is not majoring in any sort of communications degree.

He is a freshman youth ministry major.

Joshua McBride, a freshman, said he stumbled upon the team when Erick Roebuck, assistant professor of communication, hired him to be his work study.

After a bit of exposure to debate in high school, McBride was asked to do a preliminary debate tournament. His performance made Roebuck ask the freshman to do more.

Roebuck calls him "a natural performer." McBride's focus at the speech

tournaments is performing prac-

erature or poetry.

"He has really found his niche in those types of events," said Roe-

Roebuck typically suggests what specific pieces McBride use for the competitions, but McBride takes it to the next level by putting himself into it. When choosing, I just kind of

think about if I can relate to the character in the piece and where he's coming from or what's going on in the story," McBride said. The freshman has been reeling

in the awards so far. He and his partner, junior Andrew Goff, won first place in the Arkansas State tournament in Conway, Ark. Mc-Bride was also named state champion in the area of prose in Conway, as well as being given several other awards in prose and poetry.

The most recent tournament, Cowboy Invitational, which took place last month in California, earned McBride a second place award in prose interpretation. Not only that, but he picked up fifth place in poetry interpretation.

Roebuck said this was significant because the best-ranked forensics team in the nation, Western Kentucky University, was also competing for the awards.

The fact that McBride's major is not in the Department of Communication does not bother Roebuck one bit. "I know Josh will have a great

career and will bring JBU many awards and accolades, maybe even a national championship," Roebuck said. "His greatest potential, however, lies in his future as a youth minister."

For McBride, following God in his choice of major was most im-

"God really put youth ministry on my heart in early high school and throughout it, but I really kind of chose to ignore him for what I wanted to do, which was music," he said. "Well, I got to JBU, and he promptly showed me how wrong I was, and now I really feel that I'm right where he wants me to be.'

With all the success and attention he has gotten in just his first year of college, McBride keeps it simple: God helped him all the way through. "It's all God, there is absolutely

no way I could do what I do without his divine help and love," he Only time will tell how many

more awards McBride will win for JBU, but Roebuck has big expectations for the freshman. The team will compete in Christian College Nationals at Carson Newman College over Spring Break.

'He certainly has had a lot of success in the tournaments he has attended so far, but the exciting thing is that Josh still has a lot of room to grow as a communicator and performer," said Roebuck.

"Now that he has done well on the state and regional level, we are going to see how well he can do at the national level."



Joshua McBride

# Creatives honored at Arties

Adrianne Redding

Copy Editor

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John Brown University students lit up the Siloam Springs community center last Saturday evening with beautiful dresses, sleek black suits and stunning awards.

The Visual Art Foundry, a student group for those interested in the fields of art provided at John Brown University, hosted the fifth annual Arties awards gala. The Arties is a chance to celebrate the talent and quality of students within their fields of study.

The community center, decorated with blue balloons and sparkling string lights, was full of stu-

Shooting to win

dents, faculty and staff.

Stephen Sbanotto was the master of ceremonies and kept the jokes coming throughout the ceremony. He also congratulated all the students, saying it was their reward for their hard work.

The 13 categories had an average of four nominees each. At intermission everyone was serenaded by Kacie Williams.

Compared to previous years, this gala is most like our department," Hilary Eash, president of the Visual Art Foundry and producer of the gala, said. "This fits our personality. It was very student-led and it took on a good feel for how our department really is."

Steven Snediker, associate professor of digital media arts cine-

Graphic Designer of the Year.....Shawn Chronister

Illustrator of the Year......Kelly Saunders

Student in Fine Art......Katelyn Banks

Actress in a Musical Performance......Johanna Merwin

Actor in a Musical Performance......Andrew Layden

Supporting Actress in a Musical Performance......Cristy Sauceda

Supprting Actor in a Musical Performance......Mikael Seamans

Photographer of the Year......Aaron Menken

Digital Artist of the Year.....Becca Masters

Drama Actress of the Year......Rachael Moroney

Drama Actor of the Year......Michael Bruner

Filmmaker of the Year.....Jesse Daniel

Rookie of the Year.....Jarod Hamm

ma, said he thought the event was "short and sweet and very great."

Sbanotto did a fantastic job, Snediker said, and the students honored worked hard.

Students are nominated by the consensus of the faculty of the art division, Snediker said. Students are then invited to submit a portfolio of their work to another panel of judges. These judges are all professionals in the field. A few are local artists, others are from locations like Seattle, Wash. or Los Angeles, Calif.

"This is soley based on the merit of [the students'] art," Snediker said. The aim is to get more professional eyes looking at the artwork and eliminate any potential

# Calling listeners to face their fears

**Shelby DeLay** 

Staff Writer

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Students in chapel on March 8 laughed as the speaker listed off some unrealistic fears, such as anatidaephobia, "the fear that somewhere, somehow, a duck is watching you." But she did not stop there.

Instead, speaker Sarah Sumner went on to challenge the student body to face the real fears in their lives. In her third year as the Dean of A.W. Tozer Theological Seminary in Redding, Calif., Sumner has had to overcome many fears in her life that have made her into the woman that she is today.



Sarah Sumner

"I think that there is always a fear of admitting the truth of my sins to myself," Sumner said. "I need to be able to admit the sins that I disapprove of in order to grow more. Sumner noted that it is our

fear that weighs us down, and that in order for us to grow we need to realize that by living in fear we are not trusting in God. "Would we be afraid of con-

flict if we were dead to self as we are supposed to be?" Sumner asked. "It's ultimately not our fear that drives us to people pleasing, but our selfish ambition that does." Admitting that she once had

a fear of not being popular, Sumner realizes that following the Lord will eventually have a bigger impact for people than being popular ever will.

"I used to want to be the most famous women's speaker," Sumner said. "But I real-

ized that making myself look good doesn't help others that are in need. I'd much rather help others than have them be impressed by me."

Taking action to combat her own selfish ambition, Sumner challenged the JBU community to do the same, noting that no one should be "so self-absorbed that it's keeping people from going to Heaven.'

After addressing the issue of selfish ambition, Sumner said that there are ways to combat it. Praying for your competitors, and creating a "so that they" mentality is one way to do this.

'You should want to make good grades, so that others will have accurate information. You should be in good shape so you can pour your energy into others," Sumner said. "You should pray for others the way that you would pray for yourself."

Sumner was an encouragement for a number of students on campus, including freshman Hailee Marcum.

Marcum noted that Sumner was brave for speaking directly to the students and addressing an issue that many people deal with but no one wants to talk about.

"She hit me with the fact that I don't need to necessarily be less fearful, but that I need help to take away the bad fear," Marcum said. "God can solve fear, so I know that I need to trust in God's plan and what He has for my life."

What stood out most for Marcum was the importance of not fearing our future, but having the faith and patience to wait for God's perfect timing.

Sumner knows that this generation has the opportunity to make an impact, but knows that it is impossible without trust in the Lord.

"Drink from the wells of God's love. Pour out the love of God instead of your fears," Sumner said. "If you find yourself worrying, then you are just passing on your fear. I want to see a generation that is not afraid to say 'I'm sorry' or 'I don't know."

"People are more afraid of not walking by faith than they are of walking by faith," Sumner said. "We need to practice what we preach, and preach it boldly."

**HOOPS** continued from Page 1

phenomenal job."

The students also chose a team to root for and attended tournament games.

"We can only see [the program] growing from here, and we're going to [continue] to do it again at other points just to get them on our campus," said Daugherty. Because of the success of

the tournament and JBU finally having the facilities to host it, the University expects to host more tournaments in the future. We have a good venue, we

put on a good tournament, and we get good crowds," said Daugherty, "We'll do it again for sure."

REBECCA CURRY/The Threefold Advocate

MAGENTA PLATE

**BLACK PLATE** 

students attended the event, firing over 28,000 rounds.

Freshman Ben Coad and another airsoft fighter aim their guns from behind a barrier during a game. The John Brown

University Airsoft Club hosted a new player day at New Life Ranch on March 10. According to their Facebook fan page, 27

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# EDITORIAL

The Threefold Advocate

### None of the above

THE GOP IS WASTING A PERFECT PRESIDENTIAL CHANCE

Even though Super Tuesday was over a week ago, the Republican party is still unsure of their possible presidential nomination. And the vitriol continues to flow.

The Republican party is somewhat in shambles, imploding under the pressure of the 2012 presidential election. Frankly, it's embarrassing.

The Threefold Advocate urges the party to get its act together. At this rate it seems Obama will hardly have to run at all to win his reelection.

While each election cycle has its fair share of backbiting and mudslinging, 2012 takes the cake. The amount of bickering within the party is enough to make a decent Republican nauseous. This family feud has gone on publically and gone on far too long. All these factions within the party, of TEA partyers, Christian evangelicals, log cabin Republicans and any others, must work together if they really want to take the presidency back from the Democratic party.

With Romney and Santorum, two very different candidates, practically neck-to-neck and Gingrich holding on with sheer willpower until the Convention in August, it will be fascinating to see what happens and who wins. But this delayed decision only increases the disunity within the party. This extended primary election is only deepening the wedge between Republicans, which in turns raises cynicism within vot-

Romney is blah. Santorum is a nut. Gingrich is arrogant. And Paul, well, Paul's a hoot, but no one wants to elect a hoot. And these are the nice things being said!

This power struggle within the party only weakens it at the end. This squabble between the candidates, their super PACs and all other party leaders must end if the end goal is to be accomplished: beating Obama

The Threefold Advocate hopes that these politicians can be more noble than what's shown on the media right now. Soon, someone has to drop out of the race, and the sooner the better. If the Republican party wants any chance of winning, they need to rally 'round the flag together, giving one another time to lick their wounds and patch up alliances within the party. That's the only way, and it already might be too late.

# Allergy-free cafeteria

HELPING STUDENTS WITH DIETARY NEEDS

For most, walking into the dining hall for a meal and seeing indistinguishable food out, ready to eat without signs to identify it can be a minor annoyance. But for some students who have food allergies or who require gluten-free diets, a lack of consistent signage can pose a threat to their well-being.

Like many students here at JBU, we at the Threefold Advocate have noticed that the food in the Kresge Dining Hall is often unmarked, and food in both the dining hall and the California Café has no nutritional information displayed. It is true that JBU food services have a website with such info, but it is often woefully out of date or inaccurate. This lack of up-to-date and accurate info is a disservice to the students on campus who have allergen-free, gluten-free, or vegetarian diets.

Its not as if vegetarian, gluten-free, or allergen-free diets are a rarity. According to The Food Allergy & Anaphylaxis Network (FAAN), one in 25 people have a food allergy. Add to than the those who observe glutenfree diets, over 15 million Americans have specific dietary needs that can severely affect their well-being if ignored. With such a large number of people needing food that is free of allergens or gluten, it is not an obscure or rare occurrence for someone to need alternative dietary options. Many restaurants nationwide have amended their menus in recent years to be mindful of those who may need these alternative menu items, whether it be gluten-free items or an allergen-free menu.

Besides adding new allergen-free and gluten-free menu items, these restaurants also make an effort to make it clear which menu items qualify. Whether it be separate menus or lists, symbols next to menu items, or up-to-date websites, restaurants make this information readily available.

That is where JBU Dining Services have work to do. The Cali and the caf have allergen-free and gluten-free options available, but there is often no way to tell what's what, especially with allergen-free menu items. There are signs that indicate what food is allergen-free, but there appearance is sporadic and inconsistent. This is an easy problem to fix. All JBU Dining Services has to do is make a commitment to putting information and making the placement of such signs by allergen and gluten free options a primary priority. This solution is simple and makes the fact that such a situation does not exist currently even more puzzling.

There are many people on campus who require careful consideration of what to eat because of allergies or the need for a gluten-free diet. They need to know whether the food served on campus is safe or acceptable for them to eat. The least the University can do is make that information

### Threefold Advocate

advocate.jbu.edu -

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# Continous thankfulness



**Emerson Ayala** Mendoza

The last seconds of my mom's sweet voice on the phone are interrupted by a loud rooster in the background; I believe it belongs to my next-door neighbor Elena, that loud and affectionate 'almost-aunt" who spoiled me throughout my childhood.

I realize then that the noisy bird might become one of the meals waiting for me when I go home in May. What a feast my comeback to Santa Lucia will be, I think for a second with a

Mom, that powerful warrior of 4'9", knows exactly what to say next to her goodbyes and well-being wishes. "Llore y ore, mijo," she adds, her constant reminder for me to pray and cry to God in moments of need, precisely like the one I just shared. I poured in our phone call all my frustration and repressed anger.

Our second round of efforts to have her come for my graduation, involving a month of back and forth correspondence with U.S. senators and embassy officials, dozens of petitions from friends and strangers, and my column going semi-viral, did not have a happy result. "There is nothing we can do," Con-

gressman Steve Womack's secretary told me.

Mom will not be here.

A headache has possessed me all day long, an effect of the stress and tiredness of the week before spring break, which for me means Cathedral Choir Spring Tour. Amidst my whines of endless projects and commitments, sweet mother is blind to the fact that I am, at the moment of her final words on the phone, working hard to contain tears.

As the tears start to dry out, an epiphany of sorts comes to me, in the form of a YouTube video: Jessica's Daily Affirmation. If you have not seen it, run to the nearest computer, watch it, and smile.

In 50 seconds, a curly 5-yearold being all thankful and overexcited transformed my pessimistic outlook.

"Nunca se esta tan fregado como se cree," Your situation is never as bad as you think, is the phrase I've heard more times than I can remember. That daily reminder was never more relevant than today.

I'm thankful for everyone who cared about my mom's visa situation, for every person who shared my column, who acted in some way to help us accomplish this dream.

The frustration because of the injustice remains, but Jessica's happy dance and mom's voice convinced of many things.

I am thankful to know that my mom's worth transcends any riches we lack. I am thankful that my mother survived her polio attack when she was three years old and that she remained strong through her three difficult pregnancies.

I am thankful for my 5-year old nice Diana, my own lifesize, cuter version of Dora the Explorer, who charms me away with her early wit. I am thankful for Leonel, the two-monthold bundle of hope and smiles, who gives our family a reason to continue.

I am thankful that I received the Walton Scholarship in Feb. 2008. I am also thankful that two weeks ago I called two young Salvadorians, Noemy and Carlos, and gave them the exciting news of being Aida Hernandez and I's Walton scholar replacements.

I am convinced that my mom will visit this campus someday, and I will tell her stories of sleep-deprived days and midnight Taco Bell runs, gorgeous candlelight concerts and injuries on the BPAC's stage.

Someday, my entire family will be immune to the pain that American bureaucracy is causing us now. We'll deem it insignificant, shake our heads in disbelief, and probably laugh about

But for now, I'm thankful that I can bring my hand to my chest and feel my heart. I am thankful for the busyness of my last 50 days of school, for the news articles that are to come. I am thankful that at least via satellite, mom will watch me wearing a cap and gown on May 5.

Mom will be here.

Ayala Mendoza is a senior majoring in journalism. He can be reached at AyalaE@jbu.edu.

# First time voter readies up



### Jenny Redfern

It's 2012. It's a leap year. It's the beginning of my senior year of college. It's the year I turn 21. It's... it's... a presidential election year, which leaves me more scared than if it were the year the world ended.

If you haven't done the math yet, this will be the first year I am able to vote in a presidential election. I've voted before in smalltown primaries, where my daddy handed me a Post-It note with the names of all the candidates he supported before I walked into the booth. However, this election-with more at stake than who will be the constable for little Danville, Ark.—I want to make my own decisions.

But making my own decision

means I have to be informed. And being informed means I have to spend a substantial amount of time researching candidates, listening to debates and staying on top of current events. And after only a couple of months, I'm left wondering, "is it worth it?"

Let me assure you it is. Here are only a few of the reasons I and other members of Generation Y should be motivated to "rock" First of all, the issues ad-

dressed in the election directly affect the youth of the nation. The war in Iraq? Supplemented mostly by young soldiers. Funding for primary, secondary and postsecondary education? Attended mostly by young students. Employment rates? Worried about by soon-to-be graduates like me. If you give up your right to

vote, you give up your opportunity to influence the major decisions made on these issues.

Secondly, the democratic process only works if both young and old participate. Without voters, a democracy has no power. And with mostly the older generations Redfern is a junior majoring voting, the majority is skewed. It's easy to believe that your one vote

doesn't matter. But the truth is, every vote counts. Your vote combined with others who share your views and opinions can make a

huge difference. Let's face it, the voice of the youth in this country needs to be

Finally, you should vote simply because you can. My father believes so strongly in the freedom to vote, he makes sure I vote in every single election possible, educated or not. Voting is a privilege, an honor, a right so many around the world have never possessed. People live, fight and die for the ability to vote, while Americans—especially our generation—take it for granted.

So you better believe I'll be ready this November. I'll enter that booth, my own Post-It note in hand, ready to do my part to change this country. Will you join

in journalism. She can be reached at RedfernJ@jbu.edu.

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The Threefold Advocate

# A closer look at KONY 2012

### Understanding potential flaws with the social media phenomenon



Jeffrey Trott

By now you have seen Invisible Children's new video, "Kony 2012." It has, after all, nearly 74 million views on YouTube since posted on March 5. But in case you haven't, you can read the synopsis in the box next to this column.

The video seems noble enough. After all, who could find fault with an organization whose goal is to bring an internationally-recognized war criminal to justice? But the video and Invisible Children have come under fire in the wake of the video's release. Accusations leveled against them range from the organization's use of donations to the misrepresentation of facts to the perpetuation of the "white savior" mentality. So, are these criticisms fair? Let's take a look.

First, let's deal with the accusation of perpetuating the idea of the "white savior," a term which is today perhaps more accurately called the "first-world savior" or "Western savior."

Indeed, much has changed since the concept was first introduced in previous centuries in which the "civilizing mission" ideas of white Europeans and Americans were so prominent.

Since my first encounters with Invisible Children's campaigns, this has been a concern of mine. When watching the videos, one cannot help but notice that the efforts of Westerners are put in the spotlight while Africans are largely ignored, except for their role as the victims of the story.

This can help create a false and dangerous mentality that Westerners must help Africans, who are incapable of being agents of their own change. This line of thinking has been used in the past to justify such evils as colonization, segregation and apartheid, which had devastating effects on those who lived under these systems.

At the same time, I recognize that the goal of Invisible Children is to mobilize support for the efforts to stop Kony, and telling young people that they can make a difference is an incredibly effective method for accomplishing this.

Some have accused Invisible Children of wastefully spending donated funds. A look at the organization's spending reveals that, compared to transportation, awareness programs, and film production combined; only a mediocre amount is given to programs within Uganda. At first glance, this does seem incredibly wasteful. However, one should bear in mind that the organization exists mainly to raise awareness and

that is where they focus their spending.

Finally, in regard to the misrepresentation of facts: watch-Kony 2012 gives impression that all of these problems still plague Uganda. This is not the case. The video does make a brief allusion to the LRA's move into oth er parts of Central Africa, yet remains potentially misleading. Whether this is sloppy editing or deliberate misrepresentation I cannot say for sure.

Despite this, it is clear that Invisible Children has accounted for the recent changes. Their early-warning network spans Central Africa, and the American military advisers in whose favor they are advocating have been dispatched throughout the region. John T. Bennet writes in U.S. News that progress has been made against the LRA in Central Africa.

All in all, Invisible Children has several flaws that I would like to see changed. The movement is not perfect. That being said, I feel that Invisible Children's founders, employees and volunteers want what is right. They are doing what they can with what they have, in a situation that is not ideal, to bring about a better tomorrow.

stand on the Kony 2012

thought and consideration. But you shouldn't blindly accept anyone's views on this matter not mine, not Invisible Children's, not its critics.

Instead, I challenge you to do the following: watch the video with an open mind. Read the criticisms of the movement in the same manner, as well as Invisible Children's responses, which are available on their website: invisiblechildren.com.

Take some time to familiarize yourself with Uganda and Central Africa. Then make an informed decision on where you

*Trott is a senior majoring* in history. He can be reached at TrottJ@jbu.edu.



### Invisible Children

Almost one decade ago, three young Americans traveled to Uganda and made a shocking discovery: a man named Joseph Kony had been kidnapping children and forcing them to fight in his own military, called the Lord's Resistance Army. "For 26 years," the video tells us, "Kony has been kidnapping children into his rebel group, the LRA, turning the girls into sex slaves, and the boys into child soldiers." Thirty thousand children, they say, have been af-

fected. They made a promise to Jacob, a boy whom they met in Uganda, that they would do everything they could to try to stop Kony. Finding the U.S. Government mostly unhelpful, they did what they could: they began to spread the word about the crisis in Uganda by founding Invisible Children.

Now, in order to make Kony known, Invisible Children has launched a viral campaign, at which the Kony 2012 video is a major part. A grassroots campaign in tandem with the video is now the organization's agenda, the end goal of which is to let the U.S. Government know that the nation's citizens support the efforts to arrest Kony and bring him to justice.

In Matthew 6:17-18 Jesus said

"But when you fast, put oil on

your head and wash your face, so

that it will not be obvious to oth-

ers that you are fasting, but only

to your Father, who is unseen;

and you Father, who sees what is

done in secret, will reward you."

ing up and why you are doing.

is the life we should live every

day. If there is something we are

willing to give up for 40 days,

shouldn't we be able to give it

up for life? That's a hard ques-

tion and I don't want to justify.

But I think that things like these

should be given up in modera-

been created to make Lent "easi-

er". You can do this this day and

this this day. In the end, we are

twisting this season to fit our

live every day to honor God.

Not make a craving worse but

take time to understand what our

marvelous Lord did for us. That

This is the way we should

American wants and needs.

Over the years, loopholes have

Think about what you are giv-

As Christians, I think that this

# Treat people like people



Hannah Wright

I usually write about things that aren't very important. I mean, really, freshman parking? That's what you're going with, Hannah? I know it's kind of asinine, but I figure making you laugh or leaving you slightly annoyed is better than ranting and raving to the general public and getting hate mail. I could be

Today, though, I'm going to try my hardest not to be ridiculous, because I have something important to say.

I noticed that sometimes I don't treat people like people. That is to say, I see the person behind the cash register at Taco Bell and I don't see a person. I see a slave to the job. I see someone I definitely don't want to be when I grow up. I realized that I look at people this way when a friend of mine struck up a conversation with the Taco Bell lady about the color of her blouse and how lovely it was. It was a bit of a revelation to me.

Oh, yeah. She's a real person with hopes and dreams and an impeccable taste in blouses.

Then I noticed how I gener-

alize about people sometimes. "I hate those guys in BLUE. They're so dumb." Little did I realize that a lot of my friends are in BLUE, and I really don't hate them at all, that this thing I hate isn't BLUE, but bureaucracy, the same thing that plagues pretty much every element of our lives, including the "Threefold" at times.

"The second greatest commandment is 'Love your neighbor.' My neighbor is everybody, even the lady at Taco Bell and bureaucratic people."

At about the same time, I got bored in the serving line at the caf where I work, so I started asking people The Random Question of the Day. I noticed that sometimes, because I was scooping mashed potatoes instead of sitting across from people, they didn't treat me like a person either. Well, whatever. I can stand that.

It's when they forgot that my coworkers were people that I really got miffed. You know, leaving plates and cups on the table when they're perfectly capable of taking them to the conveyor belt. Or complaining on the napkin board about things we can't fix, like the conveyer belt being broken or having dinner in Walker Student Center. The napkin board is there for food suggestions and stuff that chefs and servers can fix, not for airing personal grievances and for-

Graphic by RUSSELL HIXSON / The Threefold Adfvocate

getting that people are people. My very favorite author in the whole world once said through a character, "Sin, young man, is when you treat people as things." My very favorite author is not Scripture, granted, but I think there is some truth in what he's saying.

What is the second greatest commandment? Love your neighbor. And who is my neighbor? Everybody.

That lady in Taco Bell. The folks in the groups we criticize for being bureaucratic. The people in the plastic aprons in the caf's dishroom. Those kids that act weird or look funny or speak a different language. Government officials. That's right, I said it, government officials. You have to love him because he's a real person that God cre-

Everyone has meaning, everyone has significance, and everyone is a real person that we are commanded to love.

Remember that. Treat people like people.

Wright is a sophomore majoring in chemistry. She can be reached at WrightHJ@jbu.edu.

# Craving for a fast



Taylor Alison

Lent is a time where you give up something as an act to honor God. This might have been productive in the Old Testament times but since Jesus came, isn't this how we are supposed to live every day?

I gave up soda once. By the end of that month, I craved soda more than anything else and I wasn't even thinking of why I did it. Same when I gave up Facebook. Why do we try to give up something for 40 days when at the end of it we are craving it even more than before? Do we really know the reasons why we do things like this?

I am a Christian who does not celebrate Lent. My family never prompted me to do so. The family that I babysit for introduced me to the idea of Lent and when my little girl asked me what I gave up; I didn't know what to

She gave up ice cream and her brother gave up soda. They told me over and over these were the

things they gave up. They made sure I knew. They were so proud. It was almost like a competition. People flaunt what they

have given up. Doesn't God tell

us that when we fast, we should

was his lifestyle. 26 days

until the end of Lent

Alison is a senior majoring in journalism. She can be reached at AlisonT@jbu.edu.

**MAGENTA PLATE** 

**BLACK PLATE** 

**CYAN PLATE** 

remain the same?

# LIFESTYLES

# Fancy a cuppa' tea?

**Kelsey Gulliver** Staff Writer GulliverK@jbu.edu

It is said that around 4,700 years ago, tea was discovered when a few stray leaves fell into the boiling kettle of water being tended to by Chinese ruler Shen Nung. Today, tea is the second most consumed beverage in the world, only behind water. Although it falls somewhat in the shadow of coffee in the United States, tea has had an important impact on our own personal history. Just think of the Boston Tea Party.







ABBY CHESTNUT/Threefold Advocate

### **The 411**

Now grown around the world, all teas come from the same plant, the Camellia sinesis, or the tea tree. So what is the difference between teas, then? Simply their harvesting

White teas are harvested first and their younger leaves taste light and a little bit sweet. Green teas, which are thought to be the original tea, are harvested next.

Found commonly in Asia, green teas are sometimes split into the sub-categories of Chinese green tea and Japanese green tea; which boast subtle differences in their vegetal flavor. Green tea is popular in Western culture because of its numerous health benefits.

Oolong teas, the last to be discovered, are harvested next in the late spring. They are complex in their fruity and floral flavors and creamy body.

In recent years, studies have shown that black teas have similar health benefits to their green tea cousin. Also coming from China, Puerhs are the final teas harvested. And the only ones fermented. Some are served immediately while others are allowed to age for several years.

### **Equipment and Ingredients**

The making of tea normally requires just two ingredients: water and tea. Nevertheless, it isn't always as basic as it sounds.

Fresh, filtered water provides the cleanest and most pleasing base for any tea, especially if your local natural water is hard. Depending on your tastes buds, you may or may not want to invest in a water filter.

Also up to your preferences is the packaging of the tea chosen: the ever-prevalent loose-leaf versus tea sachet versus tea bag debate. Each type of packaging has its benefits. Tea bags are easy to access, convenient and require no extra equipment. Loose leaf teas allow you to enjoy the full, intended flavor of the leaves, but may require some extra equipment, such as a strainer. Tea sachets are still incased, but in three dimensional nylon pyramids rather than flat bags, which are thought to let more flavor escape. Tea sachets are considered by some to be a happy medium.

The only other thing needed is either an electric kettle or stove-top teapot.

### Making the Perfect Cup

Boil your water right before brewing a fresh cup of tea. Different temperatures are necessary for the different types of tea. For black teas and herbal teas it is okay to use water fresh off a boil, but for more delicate teas such as white, water needs to be cooled for a few minutes until it is around 175 degrees Fahrenheit. For green and oolongs, use a water temperature somewhere in between.

The ideal ratio of tea to water is one teaspoon of tea for every eight ounces, or one tea bag or sachet. If you want to be very precise, add three grams for every eight ounces. More delicate teas, such as white and green, only need to steep for two to three minutes. After the allotted time, be sure to remove the tea from the water to avoid an overpowering result.

Before adding any other ingredient, always first take a sip of your deliciously warm drink. Appreciate it for what it is. Then decide if it needs some milk, sugar, honey or agave nectar. Make sure anything you add only enhances and does not mask the teas natural flavors.

# Spicing up a hearty St. Paddy's Day

### Russell Hixson

Editor-in-Chief

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Toss aside the shamrock shakes, green dyed cookies and baked potatoes. It's time to do some serious Irish cooking for St. Patrick's Day. Here are a few traditional Isle of Green recipes that have survived through the centuries.

### **Colcannon:**

A mashed potato and kale dish that literally means "white-headed cabbage."

1 1/4 pounds (about 2 large) rus set (baking) potatoes 3 cups thinly sliced cabbage 1/2 cup milk, scalded 2 tablespoons unsalted butter, cut into bits and softened

Peel the potatoes and cut them

into chunks. In a saucepan cover the potatoes with salted water and simmer them, covered, for about 15 minutes, or until they are tender. While the potatoes are simmering, in a steamer set over boiling water, steam the cabbage for 5 minutes, or until it is tender. Drain the potatoes in a colander, force them through a ricer or the medium disk of a food mill into a bowl, and stir in the milk, the butter, the cabbage, and salt and

### **Irish stew:**

A lamb-based stew usually served with potatoes, carrots, onions and whatever else the chef had lying about.

1 tablespoon olive oil 2 pounds boneless lamb shoulder, cut into 1 1/2 inch pieces 1/2 teaspoon salt freshly ground black pepper to

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5240 W. Sunset Ave. Springdale, AR

pepper to taste.

taste

2 carrots, peeled and cut into large chunks 1 parsnip, peeled and cut into

1 large onion, sliced

large chunks (optional)

4 cups water, or as needed

3 large potatoes, peeled and quar tered

1 tablespoon chopped fresh rose mary (optional)

1 cup coarsely chopped leeks chopped fresh parsley for garnish (optional)

Heat oil over medium heat in a large stockpot or Dutch oven. Add lamb pieces and cook stirring gently, until evenly browned. Season with salt and pepper. Add the onion, carrots and parsnips and cook gently alongside the meat for a few minutes. Stir in the water. Cover and bring to a boil before turning the heat down to low. Simmer for one hour or longer, depending on the cut of meat you used and if it is tender yet. Stir in potatoes, and simmer for 15 to 20 minutes, before adding leeks and rosemary. Continue to simmer uncovered, until potatoes are tender but still whole. Serve piping hot in bowls garnished with fresh parsley.

### **Boxty:**

An Irish pancake that literally means "poor house bread."

> 1 1/2 cups grated raw potatoes 1 cup all-purpose flour 1 cup leftover mashed potatoes



**GETTY IMAGES** 

1 egg 1 tablespoon skim milk salt and pepper to taste 1/4 cup olive oil

Toss the grated potatoes with flour in a large bowl. Stir in mashed potatoes until combined. In a separate bowl, whisk together the egg and skim milk; mix into the pota-

toes. Season to taste with salt and pepper. Heat the olive oil in a large skillet over medium-high heat. Drop in the potato mixture, forming patties about 2 inches in diameter. Fry on both sides until golden brown, 3 to 4 minutes per side. Drain on a paper towel-lined plate. Serve warm.

# LIFESTYLES

The Threefold Advocate



HEATHER FOLEY/Threefold Advocate

**Rocking out before a crowd of 600 people,** senior Criston Anderson and close friend, Caleb Powers, ended the competition with two original soulful performances. With the help of junior Tucker Cowie on the box drum, the duo was crowned winners of The Next Big Thing. Anderson, whose dream has always been to do music full time, said he hopes the recording contract will open doors in the future.

# Contest delivers bigger bang

Jenny Redfern Staff Writer

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As the closing notes faded of the final performance Saturday night, the consensus was clear: The Next Big Thing had saved

the best for last.

Senior Criston Anderson and Springdale, Ark. native Caleb Powers accompanied by percussionist Tucker Cowie stole the show—as well as the judges' hearts—to be named 2012's Next Big Thing. After their stunning performance and eloquent interlude, the duo received only positive feedback from the judges and a standing ovation from the audience.

Award-winning recording artist and celebrity judge Brittany Hargest admitted she was blown away by the duo's performance.

"Your vocals were just a rush of buttery goodness," Hargest told the pair. "You were born to

do this. You were my favorite of the night."

Joining Hargest on the judges panel were Manager of National Promotions for Centricity Music Jon Sells, Public Service Director and online-personality for 101.1 KLRC Kalynn Hanson and Director of Worship Ministries Jen Edwards. All were impressed by Anderson and Power's harmonious vocals and easy stage presence.

"The first thing I thought was that God was working through us," Powers said. "He is allowing our hearts to be in a position to work through us."

Anderson added that he hoped the \$2,000 recording contract would open doors. "It's always been my dream," he said. "I would love to do music full time."

Blue director and mastermind behind The Next Big Thing, Matthias Roberts said that reported 600 people showed up Saturday night to see what talent John Brown had to offer. And the eight bands battled it out to ensure they were not disappointed. From the opening act, Sells predicted it would be a long night with great acts.

Juniors Allison Harper and Lindsay Butler opened the show with a pair of worship songs. The duo asked the audience to join with them in worship as they sang "Stronger" and "Lead Me." Though the two had only been singing together since November, Hanson told them it was like they had been performing together for years.

Freshman Lauren Townsend followed with two uplifting songs, "Hear My Prayer" and "Cast Your Burden." The judges really enjoyed the country quality to her voice and were impressed with her ability to keep her composure when things went wrong.

Sophomore Lisa Hopper won over the judges with her endearing personality, declaring during her opening video "Barney taught me to sing." The judges fell in love with her second song, "Bathsheba," for its beautiful lyrics and strumming patterns. Sells told fellow judge Hargest he wanted to buy her song.

A crowd favorite from last year, Tomten & the Fox, were the last group to perform before intermission. Group members, sophomores Jared Defriese and Seth Kaye, held the judges captive with their unique personality. During the second song, "Honestly," members of the audience pulled out "glowstraws" at the climax of the song.

After the intermission, The Duke of Norfolk, senior Adam Howard, and the "golden ticket" members of his band took the stage to perform what he called "folk fusion." The judges enjoyed the energy and fun of his performance as well as the audience interaction.

Sophomore Steve Sullivant then took the stage in front of the grand piano. He captured the judges with the piano intro and stunning vocals of his second song, "Dialogue." Hargest said the song was hauntingly beautiful.

With only her guitar, a harmonica and one back-up singer, sophomore Jacqueline Tally pleased the judges with her genuine performance of "The Return" and "Until I've Fought for You." Edwards told Tally her voice was "resonant" and that she loved seeing her heart in that song.

Anderson and Powers ended the competition with the powerful and soulful performance of "Free" and "I Wanna be Like You." Sells asked the pair if they wanted to come back to Nashville with him that night.

As emcees David Lague and Liz Phillips opened the polls for audience members to text in their vote, The Next Big Thing welcomed back last year's winner Kacie Williams. She closed out the performances with her single "Till I'm With You."

Roberts thought The Next Big Thing has really made an impact on JBU culture.



JP GARCIA/Threefold Advocate

**Junior Jared Defriese** of Tomten & the Fox, said that social media is to thank for sharing music with friends and being able distribute glow sticks to accomplish Operation Starfox.

# Behind the music

**Q:** What are the stories behind your songs?

A: "I wrote the song,
"Written In the Dark to be Sung
At the Coast' recently when I
was struggling to filter through
the different emotions that I
was feeling. The song is about
making up my mind and trying to make the right decision without hurting others."

-Seth Kaye

Q: How has the use of social media helped your music?

A: Facebook and Twitter made Operation Starfox possible. We messaged our friends and family because we wanted to share our music and they got to be a literal part of the song by holding up glow sticks in support as we sang Honestly.

-Jared Defriese

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# **SPORTS**

# Lady Eagles lose quiet leadership

Sidney Van Wyk

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On the court, senior post Chelsea Garrison is known for taking over the paint, blocking shots and halting layups before they get near the basket.

But off the court, Chelsea Garrison is known for her quiet leadership and gentle spirit.

"My goal was to lead by how I play," said Chelsea, "I didn't have to be the most vocal or the best player, but I do my best and have a good attitude."

"Chelsea hates to get mad," said her sister and teammate sophomore Kami Garrison. Kami also said her sister is very merciful, calm and loving.

Chelsea agreed with her sister, saying she doesn't like conflict and wants people to get along.

This was important to Chelsea when she began her college search four years ago. Finding a team that valued each other and was not riddled with conflict was her biggest concern.

"I had heard horror stories from friends on other basketball teams about how much they hated their team," said Chelsea.

When she visited JBU, she said it "felt like home," largely because she knew the coaches and other girls on the team "loved the Lord."

Head Women's Basketball Coach Jeff Soderquist said they began to scout Chelsea her junior year of high school.

"It didn't take us long watching her to know she was a special player," said Soderquist.

Two years later her younger sister Kami joined the team.

Kami said one of the reason she knew she would like playing at JBU is because her sister Chelsea loved the team so much.

Chelsea said at first the coaches were nervous about two sisters on the roster bringing tension to the team, especially since they played the same position and would face off against each other in practice, but they soon realized that would not be a problem with Chelsea and Kami.

"It's been really great to have Kami on the team," said Chelsea, "We always work to make each other better."



JP GARCIA/The Threefold Advocate

**Senior post Chelsea Garrison** will graduate with a degree in early childhood education after completing her student teaching.

Both Garrison sisters said they get along very well and are very

Soderquist credits their parents at least in part for both Garrison sisters' strong character.

Kami credits the two seniors, Chelsea and Brittany Hopper, for how well the women's basketball team gets along with each other.

Chelsea described Hopper as "the spirit of the team" with her vocal, energetic style of leader-

If Hopper is the spirit of the team, Chelsea is the heart.

"If we are down in a game she keeps playing her hardest. She doesn't want to give up," said Kami about her sister.

Chelsea has also developed close relationships with many freshmen on the team, especially Lauren Rogers. Chelsea said she is looking forward to watching Rogers next year though she will miss playing with her.

"She really made the freshmen feel welcomed," said Kami about her sister.

Soderquist said both of this year's seniors are happy people who see the glass as half full.

Both of the seniors led the team devotional before their last game of the season. They told the girls to use their God-given talents and to appreciate the opportunity they have to be part of JBU's women's basketball team.

"Being part of the girl's basketball team is like being part of a family," said Cheslsea.

She said a key part of that family is the coaches.

"The coaches dedicate so much time to basketball and to us," said Chelsea.

She said Soderquist always made sure she and the rest of the team remembered they were not just at JBU to play basketball, but also to get a degree.

"I think the big thing is Brittany and Chelsea bleed blue and gold," said Soderquist. He said their passion for the program and the university is contagious and helps to motivate and encourage underclassmen on the team.

"The two of them have really dedicated themselves to this program in different ways and are really appreciated," said Soderquist, "They will definitely be missed."

Both seniors plan on staying in the area next year and continuing to be involved with the team.

"I want to be an encouragement to the girls and be there for whatever they might need," said









Above: Senior Chelsea Garrison holding center court during her senior season.

# University considers drug testing

### Esther Carey

**News Editor** careye@jbu.edu

The development of a potential athletic drug education program is the subject of ongoing conversations between the athletic department and other groups on campus at John Brown University.

Todd Bowden, head athletic trainer, has been in the process of drafting a drug philosophy specifically for the athletic department.

This semester, Bowden has taken the policy in draft form to the athletic team coaches and to student development personnel for their feedback.

Athletics director Robyn Daugherty said this is something which has been suggested by the National Association of Intercollegiate Athletes, but that the University's current general drug and alcohol week would

Members of the University's athletics department are simply trying to decide if they should take the next step, she said.

"If we do go through with this, it needs to be systematic and professional," she added

Recent meetings have been looking at the strengths, challenges and weaknesses of the rough draft that has been written, Daugherty contin-

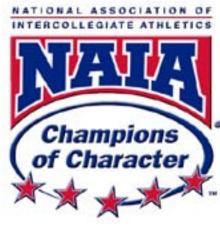
ued. Those involved are considering if this is something the University needs or wants.

Steve Beers, vice president of student development, said the athletic department is doing its best to stay ahead of the curve on drug policies. It appears that the NAIA is heading in the direction of drug testing, and the University wants to be prepared

said. "We don't want students to feel as though they are guilty until proven innocent."

Daugherty said the coaches had given good input on the draft. There were no opinions that "slammed the brakes" on the process, but the feedback did give the drafters some things to think about.

Bowden said the coaches over all



Beers said the University has the right to test athletes because most of them are privileged to have performance-based scholarships.

One consideration University personnel are weighing is the potential impact of drug testing on the

"We are working on how to manage drug testing without being too intrusive in students' lives," Beers

saw having a drug policy as something that needed to be done. He added there would be more meetings with Student Development to go over specifics of the plan at the end of the month.

As part of a drug education and prevention program, Bowden said, the department would probably utilize random drug testing of people from each sports team.

"This is not something that is

designed to get people in trouble," Bowden said. "Instead, we want it to help us intervene before something becomes a big problem."

Bowden added that the goal is for any program implemented to involve multiple parts of the University community. If and when a policy is put in place athletes and their parents would have to sign it before participating in sports.

John Miglarese, head men's soccer coach, said he has never had a problem with drug testing at the NCAA schools at which he has helped coach.

He added that it provides an extra measure of safe guard and accountability to help the athletes, whether drug abuse is actually a problem or

"Drug use is rampant in all of society," Miglarese said. "No one is

Daugherty said there are still several steps left in the process before any final conclusion is reached. In the end, anything the athletic department decides on would need to be approved by the University cabinet.

"We are not going to rush this process," Daugherty said. "If it is not ready, we will hold off on implementing anything. Or if we decide it

is not necessary we will can it."

### **COMING UP**

NAIA **National** Championship Men's Basketball

3/14-20 Single Elimination Games

Tennis

3/28 Oklahoma Wesleyan Bartlesville, OK, 12 p.m.

### Golf

3/25-26 Central Baptist College Little Rock, Ark.



MAGENTA PLATE

# **SPORTS**

# Catching fun, releasing stress

Sidney Van Wyk

Sports Editor wyks@jbu.edu

A full moon lights the lake while thousands of large mayflies hatch on the surface of a lake Michigan's Sylvania Wilderness.

Large mouth bass make a sharp, slurping sound as they snap up the

Fly fishermen wading in the water flick their lines, attempting to land where they heard a bass feed.

"You've got a huge fish fight with the moon shining on the water," said Chris Confer, the director of career development and avid

Confer's experience in the Sylvania Wilderness is one of many fishing trips he has made with family and friends since he first learned how to fish as a child.

He said he first learned to his off of a dock using a simple cane pole with his grandparents in the sum-

As he grew older, fishing became a way for him to connect with his father and brother on weeklong trips to fish on Lake Michigan and other lakes.

While Confer had fished his entire life, he was not introduced to fly fishing until he met his future wife Michelle's family for the first time.

"Her father decided I needed to learn to fly fish if I was going to be his son-in-law," said Confer.

Confer was quickly converted from fishing with a bobber and spinner reel to the fly rod.

On his next fishing trip with his father and brother, he introduced them to fly fishing as well.

"We discovered you can catch even more with a fly rod, and that's when I converted my brother," said

He and his wife, along with both of their families, hope to pass on the love of fishing to his daughter Car-

One of his daughter's presents at her baby shower was a light pink child's fishing rod from Confer's fa-

Confer said one of the things he loves about fly fishing is trying to



SUBMITTED BY CHRIS CONFER Chris Confer shows off his catch from a day fly fishing. Confer first began fishing as a child though he was only introduced to fly fishing 11 years ago when he met his future wife's family for the first time. Confer has since 'converted' the rest of his family to fly fishing and hopes to someday share this passion with his daughter Caroline.

find out what the fish are biting and where they are swimming.

"There is a ton of science with it," said Confer.

Even the exact motion and timing of each cast is a mix of science and art as the fisherman attempts to correctly mirror the real flies fish are eating.

This combination of science and

art is also seen in fly tying. It is important to correctly tie the flies to imitate the size, coloring and proportions of the actual bug it is copied from.

The actual knots and details of the fly must be done with extreme care because they must be very small, very precise and resistant to wear from being whipped over the fisher's head then plopped into the water, only to go through the process again if a fish doesn't take the

While this precision and skill is a huge draw for Confer, the fellowship with God and with others is

much more important to him. "I love being out in God's cre-

ation," said Confer "That is defi-

nitely when I connect with God."

Confer has visited many beau-

tiful places on his fishing trips, including rivers and lakes in Michigan, West Virginia and Colorado among others.

This summer he and his wife will get to go bone fishing near Cozumel during a cruise they taking

on for their 10th anniversary. The relationships with his fellow fishermen Confer is able to build with the family members and friends he goes fishing with is also important.

"My heart for it is to just get to know people on a deeper level," said Confer.

He has gone fishing with multiple JBU students and faculty and he loves to take people out fishing.

Confer suggests that beginner fishers start simple at easy, nearby locations like City Lake and the creek behind the rugby pitch near

the water fountain. "Try it at least once and go with someone who knows what they are doing," said Confer.

# Fishing: Art, Science, Way of life

"In my family, there was no clear division between religion and fly fishing."

-Norman Maclean

"Calling fly fishing a hobby is like calling Brain

Surgery a job."

-Paul Schullery

"Fly fishing may well be considered the most beautiful of all rural sports."

-Frank Forester



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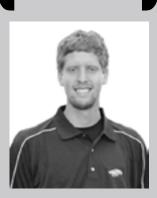
For more information or to register for this free event and take a free "Couple Checkup" go to: www.nwamarriages.com



NWA Healthy Marriages is a community service of the Center for Relationship Enrichment

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West Loveland Golf

Senior West Loveland tied for 15th overall on the March 7 at the Swede Spring Invitational hosted by Bethany College, Kan, with a final score of 158. JBU finished as a team at fifth out of 13 teams.

MAGENTA PLATE

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# OTLIGHT

Advocate is not held responsible for any future injuries or humiliations

ng kneeboard. Grab a group of friends and head out to the local lake

Exchange the snowboard for something fiercer like the challeng

other methods of cooling off without having to deal with high

tgainst the tide and instead explore the nearest interesting city of your

The Threefold Advocate

cial deal on food and activities but individuals can

if not skiing or beaching Photo Submitted by: Josh Staggs

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If you fail to shred the Rockies because you

# the pennysaver's guide to T

# an exciting spring break

Written by: Anali Reyes

Designed by: Jenny Redfern

However, what happens to everyone else that is on a tight budget and left clenching to their wallets? Not to refreshing beaches of South Padre Island or chill at the s the week comes to an end it may see like the majority of students are flocking off campus to indulge in the frosty ski resorts of Colorado.

on your toes without breaking the piggy bank. this before. The following is a list of vacation alternatives for all types of spring breakers that is sure to have you fear, there are copious amounts of spring break options that will leave you wondering why you have never done



Do not forget to invite grandma and grandpa as veterans

receive free admission to any state park.

Become a modern day historian and be the envy of

taining day at the state park. Enjoy a sunny day indulging in a game of ultimate frisbee or playing catch with a younger consider these family-friendly activities Ditch the long lines and expensive food for an enterto Mickey Mouse and the rest of Disney as you Tired of waiting in long

in "Night at the Museum," a museum is an interactive way to inspire and cultivate new thoughts on life and you may not have the same experience as Ben Stiller culture. Broaden the mind as you check out all your friends as you stop by the local museum. Though the corpses of 1,000 year-old mummies and

if not mission tripping

then

sider serving within your neck of the woods. With cramped in van for a long eight hours, con

injured animals. With only a 1.5 mile walk from campus, consider volun-Siloam Springs is responsible for taking care of the needs of neglected and teering as an afternoon dog walker. Not only will you get your required exercise for the day but your furry friend will thank you for it later. never-ending love and affection? A puppy, of course. Animal Services of staying around Siloam are bound to find one that strikes their fancy families impacted by disabilities.It's a new afternoon program for over a thousand organizations in Northwest Arkansas students children with special needs and is always looking for volunteers Contact info: 1300 East Ashley (479) 524-6535 What has four legs, a smile from ear to ear and is waiting for your With a 15 minute walk from campus Ability Tree stands to serve interested in developing a new perspective on life and living. For more information log onto abilitytree.org/programs/

Photo Submitted by: Taylor Wood

**BLACK PLATE** 

**CYAN PLATE** 

**MAGENTA PLATE** 

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