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Depression hinders students' performance

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Many college students in America deal with depression on a daily basis, with its presence proving to be near debilitating.

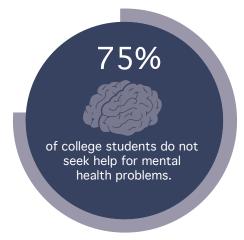
Mental health concerns are nothing new or surprising to college students. With the sudden stress, added responsibility and complicated social dynamics, many college students feel pressured and overwhelmed within the first couple of years.

In a survey of 95,761 students done by the American College Health Association, 23.2 percent of students suffer from anxiety, 31.8 percent from general stress and 15.4 percent from depression.

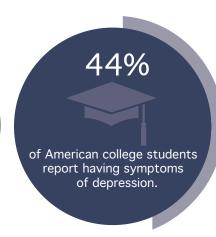
Depression in particular is a complicated matter for college students. Symptoms of the illness, according to the National Institute of Mental Health, include hopelessness, lack of interest in activities, sleepless nights and decreased energy.

As college students are expected to be prepared for each class period of each day, to actively participate in every class period and rise to the occasion, hopelessness and lack of focus can prove debilitating to a college career.

DEPRESSION AMONG COLLEGE STUDENTS IN THE U.S.







SOURCE: HEALTH LINE

CHRISTIE NICHOLAS/TheThreefoldAdvocate

Rachel Gaikema, a junior majoring in English at the University, knows this feeling exactly. "To be totally honest, I've struggled with [depression] for so long now that I'm not sure how much of my daily life is caused by depression, and how much of it is just me.

Gaikema spoke to the numbing nature of depression. "Every single day here at school, it takes all my energy just to get up, go to class, keep up. And there's difficulty concentrating, which, as you can imagine, makes school extremely difficult. It's not because I'm distracted, it's more like there's a fog in my brain. The harder I try to concentrate, or the deeper I try to think on something, the

harder it gets," she said.

Tim Dinger, director of the Student Counseling Center on campus, corroborates much of Gaikema's experience.

"A student who is dealing with such issues has a very difficult time persisting at accomplishing complicated tasks like completing assignments and interacting with peers and professors. And if the student is having trouble sleeping, either too little or too much, you can imagine that as a recipe for failure."

Dinger also proposed a few reasons for why these problems emerge during the college years. "I don't have definitive info on 'why now,' but, developmentally, ages 1822 are choked full of demands and stresses we associate with adulthood while the brain is still developing." "The college student is

in process toward greater independence, and with that comes the demands of learning to live meaningfully," Dinger The process of working

through depression is often debilitating, but both Dinger and Gaikema offered advice on what paths to take in learning to live through the struggles. In his experience, Dinger

tends toward "helping students come to terms with what they are experiencing as legitimate and not something that they need to simply work harder to overcome

or become overly self-critical about."

"My advice for them is to ask for help: confide in their friends, seek out a professional and to start taking care of their physical needs.

None of these are easy and can often times seem counterintuitive," said Dinger.

Gaikema offered a similar, if more personal view. "I won't spout the usual

'it'll be okay' nonsense. The hard reality is that, for many people, depression is a lifelong struggle. And whether or not you'll feel better in this life again, sometimes you just need someone to acknowledge how much, in this moment, you're not okay."

Gaikema also said,"I think the most important thing I can think to say is this: if you can, reach out to someone, whoever that may be. A parent, a friend, a therapist, even a professor... Whatever is happening, ultimately, you'll get through it. Day by day, whatever it takes, even if it hurts, you'll get through."

Women's leadership roles evolve within the Church

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The number of female pastors in the U.S. has doubled its number over the past ten years, according to the Barna Pastor

Denominations like Roman Catholics, Southern Baptist and the Orthodox Church in America do not allow women to lead a congregation.

Melissa Michael, professor of math education in John Brown University explained that throughout the Bible women have had very interesting roles, but in the Old Testament there are multiple examples of women being portrayed as bad.

"There are times when women are not put in the best light and that goes all the way back with Eve," Michael said.

According to the Barna study, about three out of 10 church going women say they are resigned to low expectations in the church. One-fifth feel under-



Evangelist, author and Bible teacher Beth Moore is one of many strong female figures among Christians in the U.S.

utilized and one-sixth said their opportunities in the church were limited by their gender.

"There are several Christian denominations that exclude women from leadership type roles," Michael said.

"Addressing women's issues is one of the things that splits churches."

"The Bible is hard to interpret for current situations like women's rights," senior Shelby Lawson said.

"A lot of people jump into the conclusions and try to interpret that women are powerless or worthless," Lawson said.

"God is always clear that women are just as valuable

as men, despite the cultural norms of that time period that degraded women," junior Kelsey Bredthauer said. "I think it makes it clear that women are to be treated equally as men; however, the Bible also makes clear there are distinct roles for men and women."

70 million Americans are adult women who attend a church. 72 percent say they have influence in the church according to the Barna study.

Tracy Balzer, director of Christian formation, explained that women did not have as much authority in the Old Testament, but were still valued in spiritual leadership. She explained that the culture was paternalistic and maledominated, but Deborah is an example of appointed leadership in the judges.

"Women, while not having the same level of leadership and authority, certainly played significant roles in the spiritual history," Balzer explained.

Balzer also said that Paul's words about women overshadow

the examples that we have throughout the New Testament of strong spiritual women.

"In recent generations, there has been a lot more openness to recognizing that women have an important role to play and that women are equal to men in every way," Balzer said.

"I have followed many godly men through my life but I don't believe its right to keep gifted women from serving in the ways that God has called them to serve."

Balzer said it is her 20th year in JBU. When she came here she was told that the University was open to women having leadership roles, but that she might have a pushback from other people. When she was hired she was the only woman in the Bible department. Balzer has seen changes since then and is hoping more women will be

hired. "What we see here in JBU is a real reflection of our interdenominational makeup," Balzer said.

vote third More Americans noose

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In comparison to the 2008 and 2012 elections, many Americans consider voting third party a viable option, as reported by the Wall Street Journal.

Frustration with the two major party nominees has left many wondering if a third party vote is a valid option.

"If someone is moved by their conscience to vote for a third party, that seems like reason enough to vote that way. But a third party candidate hasn't received one electoral vote since 1972, so in terms of actually voting for a candidate that can win the election, it's unlikely such a candidate would come from a third party," Daniel Bennett, professor of political science at John Brown University, said.

Although it is unlikely for a third party to win, some JBU faculty and students don't think a vote for a third party is wasted.

"Obviously, a vote for a third party candidate counts just as much as a vote for a major party candidate.

But in terms of influencing the outcome of a presidential election, voting third party is unlikely to make a substantive impact.

It isn't necessarily wasted vote, though, especially depending on the person's motivation to vote third party," Bennett said.

Sophomore Tiffany Aguirre believes a third-party vote is valid "because you vote for who you want to vote for. When people say, 'if you vote third party, you're just losing a vote for Trump or losing a vote for Hillary,' who cares? You don't

However, not everyone feels this way.

want them in office anyway."

"I mean sure you can vote for a third party if you want, I don't care, but you're not helping anyone win. Might as well not vote. It just makes you feel better because you voted," sophomore Beck Oakes

"Now if you ask me my opinion on the fact that our system is set up so third parties have zero chance of winning, that's another thing entirely," she followed up.

Although some may consider not voting at all, Bennett believes voting is a privilege that should be exercised in some way.

"I encourage people to vote in every election, since it's an opportunity not everyone has. But nobody is obligated to vote for

president. People can still

and local offices. In many

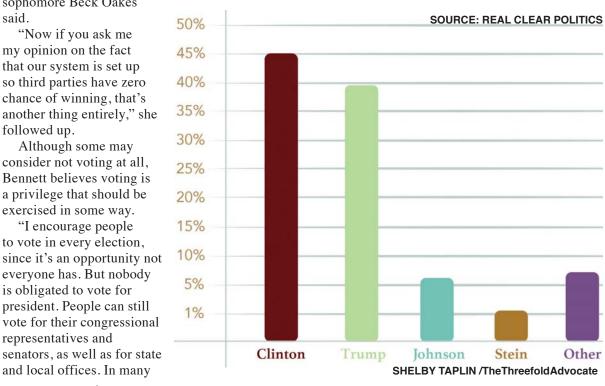
representatives and

vote for their congressional

ways, those are the offices that [affect] people more directly anyway," he said. Third party candidates

for the 2016 election include Libertarian Gary Johnson,

Green Party candidate Jill Stein, Constitution Party candidate Darrell Castle, among others who are on less than 20 state ballots.



App supports local food pantry

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The idea of Yellow Crate started in Europe. Alex Paniagua, junior international business major, went into a coffee shop in Italy, where customers can buy two coffee cups, one for themselves and one for another person who cannot afford to pay for it.

The experience in the coffee shop made Paniagua think: why not use the same technique but in supermarkets and grocery stores? What if grocery stores used the same idea to help the poor?

When Paniagua came back to John Brown University, he had a conversation with Clayton Anderson, who was the Director of Enactus. Anderson and Paniagua talked about Paniagua's experience, and both realized that Siloam Springs does not have a method of donations like the coffee shop in Italy.

Anderson had the idea of creating a phone application.
Anderson, Paniagua and other students that are part of ENACTUS, a national organization that uses businesses to impact communities, started to work on this new project. In collaboration with Seth White, electrical engineering graduate of 2014, and Alex Dello Iacono, business management graduate of 2014, they were able to develop a phone application called "Yellow Crate."

Yellow Crate is available in the Apple Store for download.

Humberto Smith, a JBU student, said that the whole idea of Yellow Crate is to help the



Submitted by CLAYTON ANDERSON

John Brown University students created an app called YellowCrate which alerts shoppers to local pantries' needed items when they enter a grocery store. Shoppers can then drop off the pantry items at a yellow crate in the store.

make the donation process easier. Basically, the application will connect food pantries with people who are buying in supermarkets.

"You cannot say 'I don't donate because the food pantry is so far from my house. 'You can just go to the store, pick something up and donate it'," Smith said.

Donors will receive a notification from the Yellow Crate app on their smartphones when they go into the store. The app provides a list online of items needed in the food pantries. After, the donors checkout they can choose the item and quantity drop the item in the Yellow Crate by the exit.

The app will remind shoppers to drop off the items when they leave. This function requires the user to have their GPS on.

Once all the items on the list are bought, the staff in the food pantry will be informed. The staff will come to the supermarket and pick up the products.

The online list is used because

the staff in the food pantry will st realized they are receiving the loc overflowing amount of canned products. But, they do not have other items needed to satisfy the demand in the food pantry. will st the loc to help Siloan they n expand

The Manna Center is the first food pantry that benefits from Yellow Crate donations.

For the moment people can donate only at Harps in Siloam Springs and Whole Foods Market in Fayetteville. Smith said that the project

will start making an impact in the local community. Firstly to help all the food pantries in Siloam Springs to get all that they need and then gradually expand to neighboring places.

"Difficult part is to make people understand how easy is to help others and the importance that the donations have for those who are in need," Paniagua said.

University discusses national assault problem

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Sexual Assault Awareness
Week was hosted last week at John
Brown University. During the
week a documentary was shown
on campus reporting.

It showed many schools are currently under investigation over how they have handled assault cases. JBU has clearly communicated that they take this problem seriously.

According to John Brown University's Title IX, a federal anti-sexual discrimination policy, students who experience an offense can report to local emergency response or to a

campus reporting officer.

Andre Broquard, dean
of students and Title IX cocoordinator, said every faculty
member is a responsible employee
and is legally responsible to report
a case of sexual assault to the
University's Title IX coordinator
if they find out about one. He also
said that JBU is "expected by our
own Christian ideals and ethics to
make sure this is a safe place."

However, Nurse Rhonda
Hostler and staff from the office of
Christian formation and counseling
center are considered confidential
persons and they are not obligated
to report cases to the University
Title IX coordinator.

Broquard said it is important that students who may want to speak about a situation confidentially know who they can go to. He explained that if an assault survivor wants help, the confidential staff member can still help, but would only report if the student wanted to report and gave permission.

Broquard said he encourages students who have been harassed

or assaulted to report the situation.
"We want to support them. We want to care for them," Broquard

Broquard also said students should not be afraid to report because there was alcohol or drugs present. If the situation surrounding the assault involved activity that is against the covenant, Broquard said the University will work with students who report, and encourages them to report sexual assault without fear of disciplinary action.



KLARA JOHANNESEN/TheThreefoldAdvocate

Last year at the beginning of Sexual Assault Awarness Week students were walked through a display of candles that illustrated how many JBU students statistically would be assaulted.

College students often targeted by scammers

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Maggie Passino, a college freshman at Virginia Tech University, lost over a thousand dollars near the beginning of this semester. She received several supposedly urgent phone calls from a man who claimed to be an employee at the IRS, telling her that she owed back taxes and school taxes to the government. The caller claimed that she needed to pay up, or else she would be arrested.

Passino was instructed to buy \$1762 worth of iTunes cards, and to pay the imposters by reading them the codes so that they would receive the money and be on their way. This was done so that the money would be untraceable, according to USAtoday.

This has raised concerns

over how many people fall for such scams, and how to keep them from happening.

3 out of 18 students surveyed at John Brown University stated that they had previously fallen victim to a scam, and 5 out of 18 said that they personally knew a scam victim.

Vulnerable demographics, such as senior citizens, are more likely to fall victim to scam artists. "Scam artists target vulnerable populations," Dr. Randall Waldron, a professor of economics and international business at JBU.

Typically, a scam artist of this kind will try to intimidate or inundate a victim with calls to get them to send them money quickly. Other types of scams will ask for personal information, such as credit card numbers, passwords and even social security numbers.

"Lately, we've been hearing a lot more about the need for

'Cyber Security,' the threat that hackers pose. Even the government has had its records hacked and stolen, and everyone is actually vulnerable, even if you take the strongest precautions," Waldron said.

Typically, the best way to keep from becoming a victim of scam artists is to be cautious of calls, emails and texts from unknown senders.

"No one should be making it easy for the scam artists, so don't go advertising your vulnerability," Waldron said. "Protect your credit and debit cards and your account information, and use caution on public computers and unprotected wi-fi systems."

"Check your credit card accounts, bills, and bank accounts, and investigate any apparent oddities or charges, or accounts you don't recognize," Waldron added.



More than 20 percent of college students in the U.S. have fallen prey to fraudulent activity. This is three times higher than the right for the general population.

CHRISTIE NICHOLAS/TheThreefoldAdvocate

The Threefold Advocate

Statue of KKK member to remain

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The Memphis City Council recently moved to relocate a statue of Nathan Bedford Forrest in Health Sciences Park in Memphis, Tennessee.

Forrest was a Confederate general and the first Grand Wizard of the Ku Klux Klan. The Tennessee Historical Commission has rejected this movement.

The city was required to submit an application because of a Tennessee law which makes it difficult for states to relocate, remove or rename war memorials.

The application was rejected based on the criteria the commission has set forth, which had been previously adopted and remained unchanged when they recently had the opportunity to edit the criteria.

Some university students do not agree with this decision.

John Brown University sophomore biology major Tiffany Aguirre said she does not understand or agree with the decision to leave the statue in the park.

"I, for one, do not like



Courtesy of DoxTxob

A statue of Nathan Bedford Forrest is located in a Park in Tennessee. He was a confederate general and member of the Ku Klux Klan. The Memphis city council is attempting to remove the statue, but its applications have been rejected by the Tennessee Historical Commission.

racist figures erected into statues," Aguirre said. "I'm not a dixie southerner, so I don't understand the 'confederate culture,' so I'll never understand why they think it's okay to keep [the statue where it is].

It's like someone keeping a statue of Hitler in Germany."

Sophomore elementary education major Taylor Genser understands the historical value of the statue, but she does not think that should

be the highest priority.

"I feel like we shouldn't put revering a statue ahead of our respect for people. I get that the statue is history, but that can't be more important than being considerate of

people," Genser said.

Taylor Smith, junior communication major at Southwest Baptist University, also understands the history of the statue, but does not think it should be in a park.

"It's heinous that it still exists there and it's just a product of the racism that still exists in the south to this day. It belongs in a history museum, not a park where people have to be reminded of those who used to lift them from the same trees they are trying to enjoy," Smith said.

The statue was dedicated to Memphis in 1905.

Forrest has been a controversial figure even since the time of the war, when he allegedly lead a massacre of Union troops. Most of these troops were black and were attempting to surrender, USA Today reported.

The city of Memphis can submit another application to move the statue; however, the criteria it must meet to be approved has not changed.

Honors Council hosts annual venue event

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The Honors Council is preparing a "Stranger Things" themed event for this year's Venue.

Coordinating described the event as a journey to the shadowy and gloomy Upside Down and in a frantic manhunt for Will Byers.

"As The Honors Council, we want to create a night that we are able to integrate the campus into what we are doing at honors," said sophomore Matt Branum, student recruiter for the council. "To create a fun night that focuses on learning and enjoying learning and different ways people can excel in education."

According to Trisha Posey, sponsor of the Honors Council, the idea for The Venue came from a group of honors students "who were interested in providing an enriching and fun opportunity for cultural engagement for students on our campus." The Venue continues to thrive to this day.

Director of communication for the Honors Council, junior Abigail Danley, hopes that the event will bring in a diverse crowd of students, from freshmen to seniors and of all different majors.

According to Danley, this year's theme is "Quest for Stranger Things," which is based on the Netflix show "Stranger Things."

Danley describes the event as "hands-on" through interactive activities.

"Students will be walking through the honors house immersed in a narrative of our version of 'Stranger Things," Danley said.

"They will make their way through our storyline and find out what happens to Will."

Both Danley and Branum say the honors house's theme and decorations will give an 80s vibe, mixed with an alien, Dungeons and Dragons, sci-fi feel.

A table full of snacks, finger foods and appetizers inspired from the show will be displayed; the main dish will be a waffle bar with condiments and toppings. Branum said he wants to see people "nerd out" over the "Stranger Things" theme and activities.

"I think that is just one of our goals," Branum said. "It's okay to be



Courtesy of the Honors Council

geeks about sci-fi."

Danley hopes to see a variety of people from the JBU community.

"We're hoping to see people

enjoying it and learning from it and getting cited and interested," she said. On Friday, November

18, The Honors Council

John Brown University annual event The Venue is a night of fun for all University students. will present this traditional event at the Honors House

from 7 p.m. to 10 p.m.

Wells Fargo due to scandal resigns

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The CEO of Wells Fargo, John Stumpf, recently announced his resignation in the midst of company fraud.

Stumpf has also resigned from his position on the Target and Chevron board.

Earlier this year, it was discovered that employees had opened credit and bank accounts for their clients that had not been requested since 2011, according to CNN. It is believed that 1.5 million unauthorized accounts were opened during this time.

"The phony accounts earned the bank unwarranted fees and allowed Wells Fargo employees to boost their sales figures and make more money," according to CNN.

This worked by moving money from existing accounts to others without consent. The organization also submitted over half a million unauthorized credit card applications.

"Roughly 14,000 of those

accounts incurred over \$400,000 in fees, including annual fees, interest charges and overdraftprotection fees," according to CNN.

Over 5,000 employees have been fired over this scandal.

When asked about the CEO resigning DeNisha McCollum, professor of business at John Brown University, believed that he did the right thing in stepping down. "In this case,

a significant trust has been broken between

Fargo and its stake and shareholder communities, and in circumstances such as these, new organizational leadership



Courtesy of JUSTIN RUCKMAN

McCollum said she believes this is consistent with what other CEO's have done in

similar situations. "What is perhaps somewhat unique in this situation is that there are no current pending legal actions

against Mr. Stumpf." "It is the responsibility of organizational leadership to set the tone and expectations for an the ethical culture within their organizations, regardless of size

or scope," she said
"While he may or may not have had direct knowledge of these more specific profit generating practices, other leadership within organizational ranks undoubtedly did. And again, it remains the responsibility, and I believe obligation of senior leadership to know just as much about how profitability is being achieved, as it is to be aware of when and why profits are lagging. 'Don't ask, don't tell' is a poor excuse for absent leadership." McCollum said. According to CNBC, Wells

Fargo has named Jim Sloan the new CEO.

presents the best opportunity

for the beginning of the

restoration of such."

BLACK PLATE

November 3, 2016

4 WORLD Matthew leaves devastation in Caribbean

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Hurricane Matthew powered its way through the Caribbean, leaving a mass of destruction in its wake.

In Haiti alone, which was hit hardest by the storm, 280 people died in the category 4 hurricane, according to Haitian Interior Minister Francois Anick Joseph. The remainder of people died in the Dominican Republic and St. Vincent. The death toll rises each day as the buildings and infrastructures continue to collapse in populated areas. Thousands are still missing or buried in rubble.

On October 7, the powerful storm with wind speeds of 125 mph struck the country of Haiti, flooding approximately 1,580 homes affecting around 3,215 families across the country.

Aid agencies responded rapidly to the Haiti disaster only to find it to be far worse than anticipated. The agencies find themselves in need of more support and



Citizens clear debris left behind by hurricane Matthew. More than 200 people have been counted in the death toll after the storm.

supplies than they have.

Spokeswoman for the UN Stabilization Mission in Haiti, Ariane Quentier, said "What we are realizing, as we are going further [...] is that there's been a lot of devastation and a lot of damage and probably a lot more than what we had initially assessed."

The Haitian cities of Les Cayes and Jeremie received the brunt of the storm resulting in more and more shelters being constructed to house individuals of destroyed homes or who are in need of medical attention. According to CNN, of Haiti is in dire need of food and shelter.

In Cuba, the storm's left damage, yet the blow fell less forcefully. CNN reported that, in northeastern Cuba, more than 30 houses were swept away by the hurricane.

After the hurricane passed, no casualties were reported.

Cesia Rodriquez, a sophomore nursing student, lived in Habana, Cuba until 2012 when she and her family moved to the United States. Although none of her family or friends have been impacted by the storm, Rodriquez's father will be traveling with his church to Cuba to aid a church community in the

lower part of Cuba whose homes where ravaged by the storm. "[With] the church we are going to be helping, 80% of the members of the church lost their houses from the hurricane," said Rodriguez.

Lidania Cerda, a sophomore art and illustration major, lived in the Dominican Republic until 2003, when her family moved to Bentonville so her father could pastor a church.

Cerda was unaware of the massive storm until she received text messages, photos and videos from a group of friends living in the cities of Santiago and San Pedro in the Dominican Republic. Cerda had difficulty differentiating between the two cities in the photos because of the heavy rainfall.

"All the pictures look the same," Cerda said. "Lots of rain and lot of people riding in boats and getting to places by boats."

Currently, Cerda's friends and her grandparents are safe. In the midst of the devastation in the Caribbean, Cerda said this is a time for prayer for the individuals who lost homes and loved ones.

What China really means to the United States

GRACE BASS

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As the United States moves into the global economy, many Americans place China as an economic threat to the country.

Aminta Arrington, assistant professor of intercultural studies at John Brown University, says otherwise. Because good relations don't come easily to the two countries, Arrington says it's a necessary struggle they must work towards improving. Arrington lived in China for eight years before coming to JBU, and she sees where the U.S. could improve its

"We have a history of dealing with each other for quite some time, but these are two very different political systems and cultures, and that doesn't create a natural friendship," said Arrington. "The Chinese are used to doing things the Chinese way, and they have a strong

relations with China.

system of government they believe in and they don't like to see that disparaged. We need to learn a little bit more about other cultures and their histories and stop approaching international relations like a bull in a china shop."

Junior biology major Joshua Place lived in China for eleven years. He says Americans should learn from Chinese culture.

"The collective mindset is an interesting thing that is not really seen in America. the Chinese have accomplished so much with being so collective in how family and community oriented they are, as well as in their businesses."

Place said thathis all has to do will with cultural awareness. "You have to completely throw out any conceptions as an American. Step back and think about what the Chinese are saying and ask yourself why they are saying it."

Looking at this election, Arrington sees potential danger in publicly criticizing the way China operates.

"The Chinese do not like to be scolded. Whenever that happens, it's all over the newspaper, and millions of Chinese people are angry. Taking strong public stands may do well for you in America, but it's not going to accomplish anything in China," Arrington said. "If we really want to accomplish something, the best way to handle it will be through back door negotiations that nobody ever hears about."

The Chinese are very concerned with the election. Arrington is worried with the image Trump is giving.

"He would come acros the caricature of the brash, self-centered American, and our whole country would be characterized that way," said Arrington. Statements made by Trump like "We have to stop our jobs from being stolen from us" send the wrong message to the Chinese.

Arrington explains this idea of jobs being "stolen" is a complicated situation that needs careful handling. "Yes, there are a lot of factories in

china that make things that Americans buy. That has to do with the monitoring or the intervention of the Chinese government in the exchange rate, and do Americans really want to work in factories that make cheap toys? It's low-waged, unskilled

This is also an easy out for America, she said. "China owns a lot of U.S. debt, and that is not China's fault. It is really convenient for us to blame China and not look at ourselves and see we have put ourselves into this situation."



CHRISTIE NICHOLAS\TheThreefoldAdvocate

Colombian students doubt peace accords

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Columbian president Juan Manuel Santos signed a peace accord before the public had a chance to vote to end the war with the Revolutionary Armed Forces of Colombia, or the FARC (acronym in Spanish), and received a Nobel prize for ending the war. Santos held the signing ceremony before the vote in hopes to gain voter support throughout the country.

Both sides can see the benefit to the accord. To them, prolonging an already bloody war would only cost more lives. Gio Navia, a freshman

business administration major from Colombia, believes that "they [FARC] are going to continue to do what they have done for decades now, which is killing people and selling drugs" once the accord has officially run out.

The peace accord calls for the FARC's fights to ceasefire, which would be watched by the United Nations. This will be the start of them handing over their weapons.

The peace accord guarantees the rebels 10



Courtesy of COLOMBIAN MINISTRY OF INFORMATION TECHNOLOGIES AND COMMUNICATIONS

Colombian president Juan Santos is recognized by the Nobel Prize board for ending the war in his country.

seats in Colombia's congress for two terms, allowing an opening for rebel commanders to enter the political system officially through the creation of a new voting district. This gives the FARC party say in what legislation would and would not get passed in the country. Combatants would also receive a government stipend monthly, which is the same amount as a citizen's minimum wage for two years.

"They will also be eligible for onetime cash payment of about \$2,500...a significant sum in Colombia...to start a business," reported the Washington Post.

According to Navia, even though there are 2 million people involved with the FARC, they are not all going to get money, as only the leaders will receive the money that the

government is handing out.

When the Colombian citizens voted, most voted against the peace deal. CNN reported that 50.22 percent of the population voted against while 49.78 percent voted for. The former peace deal went out of effect on October 31 of this year.

Navia mentions that he would have voted against the peace accord. He is against the accord because the leader of FARC, August Pinochet wanted to become a senator, which would give the FARC more power. The peace accord would release FARC of pating for their crimes. In Navia's view, the accord rewards FARC

instead of punishing them. Marko Cardona, a senior international business major, disagrees with the Nobel board, "I believe he [President Santos] is a very arrogant person and the news has said that 78 percent of the population in Colombia doesn't like him at all. He got what he wanted, which is the Nobel Peace Prize, but he does not deserve it."

Cardona also would have voted against the accord. He and Navia share the same view: the accord is unfair because there are people who have killed thousands of innocent people and are going to run away from it.

Santos's goal is to amend the peace accord by Christmas. Since the vote was so close, Santos's plans for getting the amendment passed consist of adding some of the ideas of the people that voted against in the original peace accord into the amended one. This will be enough, Santos hopes, to pass the amendments.

MAGENTA PLATE **BLACK PLATE**

POLITICS 5

November 3, 2016 The Threefold Advocate

Vincent Bacote: healing the American wound

SAMUEL CROSS-MEREDITH

World Editor cross-merediths@jbu.edu

Vincent Bacote, assistant professor of theology at Wheaton College in Wheaton, Illinois visited John Brown University on October 20. This was Bacote's third time at JBU, and this time Bacote spoke on the Christian's involvement in the upcoming elections and what the Christian's role should be in the political sphere. Afterwards, Bacote gave his thoughts on the racial environment in America, where it came from and where it can go from here.

The Threefold Advocate: How should Christians start to engage race in a Christ-honoring way?

Vincent Bacote: First, take on the posture of a learner, and not the posture of someone who has unwittingly bought into the idea that one can master or comprehend all the dynamics of what's going on, because that mentality will shortcircuit people. The fact of the matter is that it's not just the matter of a category scheme that was a part of the making of the modern world, and with knowing that comes the

various dimensions of how you understand the Enlightenment. It includes this idea of being able to understand and categorize the way things are, but was also about ordering things, and it shouldn't be a surprise that the Europeans, the people who came up with this categorization system, would put themselves on top, and that is a way of thinking that led to the belief that certain people are ones that are meant to rule and others are meant to be ruled over. In terms of people's immediate relationships, you've got to be willing to actually listen. When someone brings up something on race, rather than deciding that it can't be true, in many cases the thing to do is to actually ask people, because it's not always easy to see.

TTA: Why is there a negative perception of minority communities in America?

VB: Well, when you build a society off of slavery and things like the Jim Crow laws, then what are you already thinking about the people who are enslaved? And if you have Jim Crow, what perception are you keeping in place? What kind of narrative are you telling about them? So, you've already put in place and built into the psyche of this society the idea



Courtesy of JOHN BROWN UNIVERSITY

think that we're more divided now

than we were thirty years ago. I

don't think that we're necessarily

more divided, we're just aware that

there's more work to be done than

we thought there was, so that gives

the impression that we're worse off.

There are various things that have

happened socially, politically and

economically that have catalyzed

things. Even from a technological

Vincent Bacote spoke in chapel on October 20, setting straight the Christian roll in American politics.

of certain people are here and belong, and certain people are here and have a kind of belonging, but it's not really belonging.

TTA: The wound is very deep, and it's been something that America has been trying to move past for years. Do you think the divide is starting to mend?

VB: You know, that's

interesting. There are people who

VB: Exactly. There's one more thing I wanna say about this: I think things can get better, but I think they can only get better if people are willing to have loads of understanding and are willing to keep working in spite of misunderstanding. If people are willing to have lots of forgiveness, and a willingness to help the majority culture, those people who are actually trying to learn about things, and are perhaps trying to reckon with things that are really, really hard. It also has to have a level of intentionality, because it's easy for the majority culture to not deal with it. It's like someone who doesn't like horror movies. That person says 'well, I don't like horror movies, so I just won't deal with it. I won't go see horror movies.' But there are people who are like,

cameras, so there's all kinds of

all kinds of stuff. It allows more

journalists and, in some cases,

amateur tabloid journalists.

has a phone and everybody

has a Facebook.

people to be amateur investigative

TTA: Because everybody

things that anybody can post about

to vote on Election D Where and how

ANA RODRIGUEZ

Staff Writer rodriguezar@jbu.edu

If you haven't made plans to vote, you still got time. Early voting in Arkansas began October 24 and will go on until the November 7, with the official election day on the November 8. There are various places to vote only a few miles from campus. Three of the closest are the boys and girls club, the country clerk's office, and the fire department (addresses and times listed below for early voting). On Election Day (November 8th) the polls will be open from 7:30 a.m.-7:30 p.m. If you're in line at your voting location by 7:30 p.m, you will still be allowed to vote.

In contemplation of the various states that the students of the university represent, Doug Reuter, former member of the Minnesota House of Representatives from 1997 to 2001, emphasized importance of being knowledgeable about

the registering regulations of both Arkansas and a student's home state, since they may vary and the first step to voting is registering correctly by either registering in the state where the student is currently in or sending an absentee ballot back to the student's home state.

"If the people don't exercise their right to vote, they end up with the government they deserve rather than the one they want," Reuter said as he emphasized the importance of college students to take part in voting

In light of this, before showing up to one of the voting locations, it is important to make sure you are registered to vote in the state of Arkansas and have received your voter registration card, this should have been done before the deadline on October 11th. If you have not done this, then you will, unfortunately, not be allowed to vote.

If you have registered to vote, then the rest of the process is simple, first choose a convenient location. Take your voter

registration card and a photo ID with you to the voting location (A photo ID is required if it is the first time you are eligible to vote or if a copy of your ID was not submitted when registering to vote). Acceptable forms of indentification include a Driver's license, a non-driver's license ID (such as passport), a current utility bill, bank statement, government check, paycheck or any government documents

with your name and address.

The idea that voting is complicated is a common misconception. Haley Gehrke, a senior education studies major, had a contrary experience when she voted. Voting was simple and the issues were explained very well, according to Gehrke. The various issues facing Arkansas were presented and explained in descriptive paragraphs before she received the actual ballot. Gehrke described the experience as "quick and informational".

Abbigale Whitfield is a sophomore graphic design major who decided to vote early. Both

Whitfield and Gehrke had similar experiences. "I walked in and waited in line until someone was available to help me, I gave them my registration card and my photo ID. Then the lady looked for my name and crossed it off the list.

She took me over to the voting booths, inserted my information into the computer and the presidential ballot came up. She left booth and the rest was very quick and simple," Whitfield said.

'well, I live in the horror movie. I

can't get out of it.' People have to be

willing to look at that horror movie.

Voting Locations in Siloam Springs

Country Clerk's office

707 South Lincoln Street Siloam Springs, Arkansas 72761 8 a.m.- 6 p.m. Mon-Fri

Boys' and Girls' club

401 Charlotte Street Southeast Gravette, Arkansas 72736 9 a.m.- 6 p.m. Mon-Fri

Fire department

755 West Centerton Boulevard Centerton, Arkansas 72719 9 a.m.- 6 p.m. Mon-Fri

Midnight Musings: music of a thousand keyboards



SAMUEL CROSS-MEREDITH

World Editor News broke this week as it was discovered that popular content site The Odyssey has been forcing its writers to write their articles in group "writeshops."

Jonathan Beersmac, a former English major at the University of Boston, spoke out against the site, claiming he had recently broken out from an Odyssey run complex.

"Oh yeah, it was bad. Really bad." Beersmac said between mouthfuls of Nacho Cheese flavored Doritos, "Terrible really. I mean, I just can't describe how bad it was. It was like, wow. Like, computers all over the place, you know, wires, closed windows. Man. I just can't go on. It's too hard."

Beersmac continued to eat Doritos and stare out the window, occasionally taking a drink from a bottle of Mountain



CHRISTIE NICHOLAS/ The Threefold Advocate

Midnight Musings: Where the news is fresh and the coffee is decaf. Dew that had been provided for him. When pressed for more information, Beersmac would refuse to comment, responding only with a shake of his head and a mumbling of something along the lines of, "Just not dank enough.

Just wasn't dank enough." What this statement means for the Odyssey is anybody's guess.

Terry Eisner, Beersmac's managing editor, confessed to knowledge

of these "writeshops". "'Writeshops'? Sure. We've got 'em. If by 'writeshops' you mean fully catered, three story complexes with air conditioning and brand new

iMacs. If that's what you mean,

then, yeah, you've caught us."

The state of the complex is contrary to Eisner's claims. Upon investigation, no caterers actually deliver during lunch and the "iMacs" Eisner spoke about are actually little more than 2012 Macbook Pros. A deeper look inside the complex reveals a situation even more dire.

Jack Hogarth, a staff writer for the Odyssey offered his view of the situation: "Oh it's bad. It's really, really bad. Did you know I only get paid 12 bucks an hour? 12!? It's crazy, really. I mean did you read my 'Top 7 New York Restaurants You Love to Hate'? It's a classic! I deserve a Pulitzer for that crap. and I get paid twelve bucks!"

When questioned about his writer's working conditions, Eisner only stared blankly, muttered something about millennials being a warrior generation and took another sip from a bottle of pomegranate flavored Izze.

Odyssey CEO Evan Burns was contacted by phone for comment on the working conditions of his website, but refused to answer when questioned and only said that he was unable to hear over the sound of all the money he was making.

"Hear that?" There was a rustling on the other end of the line, "That's a hunnert dollah bill, baby. Oh yeaaaah, Benji's

my mannnn." This comment

MAGENTA PLATE

was followed by a click and

the sound of a dial tone. Bekah Ulear, former communications major at the University of California at Berkely, said that, despite all of this, she believed in the Odyssey's mission. "It gives me a voice, and I don't really think anybody else is doing that, not in the same way. I mean, how else would anybody be able to read my 'Top 7 Reasons Trump Would

Be a Terrible President'?" "I'm writing things that matter, I'm making a difference. What about you? What are you doing with your LG phone and your blue jeans? I bet you bought those jeans at a Wal-Mart, didn't you? Didn't you?" Ulear said.

Beersmac, the initial escapee, began to talk again after several hours and bags of Doritos with flavors ranging from Cool Ranch to Classic Taco. "I'll never be the same," he said. "Never. I just can't feel safe anymore. I mean, they didn't even pay for my ticket on the F-Train. Can you believe that!? Nuh-uh, no way. That place can't be trusted. Mark my words."

Cross-Meredith is a junior majoring in English at John Brown University. He holds communion with the dark ones at cross-merediths@jbu.edu

Midnight Musings is a fictional satirical column. All opinons expressed in Midnight Musings are those of the writers and do not reflect those of the Threefold Advocate or John Brown University

6 EDITORIAL

Hold media accountable

Bush's lewd comments unacceptable

Television host Billy Bush was suspended from his job at NBC on October 9 for lewd comments he made in 2005 that recently surfaced with Trump's presidential campaign.

These comments were made prior to an access Hollywood interview with Donald Trump and have recently surfaced wih Trump's presidential

Initially, Bush was not going to be fired, according to the New York Times. He apologized after the tape and NBC said they had no plans to fire him, but after his licentious comments resulted in public outrage NBC decided to fire him.

We agree with NBC's decision. The comments Bush made were unacceptable and NBC did the right thing by showing that they would not

Even though the comments were made in 2005, they display that Bush is someone who was not capable of making good judgment. Back when he made the comments he was not young and inexperienced; he was an established man who should have known better.

We also believe that NBC should not have waited until the public outrage to fire him. They should have stood up for what was right and immediately held him accountable for his actions.

Some people may argue that Bush was not making most the comments and that he may have been concerned that Trump would not do the interview if he reprimanded him. However, we the Threefold do not support this position.

Even if this is the case there always comes a time when people must stand up for what is right no matter the consequences. Bush should have told Trump that what he was saying was wrong regardless of whether Trump would still agree to do the interview.

Therefore, we the Threefold believe that Bush should be held accountable for his actions. We also believe that Americans should hold Trump responsible for his actions. You still have the right to choose to vote for him regardless of these comments, but he cannot be called a good or moral person.

VA corruption appalling

Reformation relies on election results

In the last few years, the U.S. Department of Veterans Affairs has been under scrutiny for several serious scandals. Stories of the VA's incompetence and preventable failures have been strewn across headlines for the past few months, especially because future changes to the VA depend upon the results of the election.

Last year, The Phoenix Veterans Affairs office canceled veterans' appointments, and more than 200 veterans died while waiting for appointments, according to Washington Times.

In September of this year, a whistleblower from the VA hospital in Illinois revealed that dead veterans were left to decompose in the VA morgue for weeks without burial, according to National Review. While there were several other cases, the most recent case revealed that more than one-third of calls to a suicide hotline for troubled veterans were not being answered by front-line staffers because staff "spend very little time on the phone or engaged in assigned productive activity" and they "routinely request to leave early," according to pbsnewshour.

This lack of oversight is appalling. It is estimated that 20 veterans commit suicide a day; given that tragic statistic, how long is the government going to ignore this problem?

The VA is an unpredictable, secretive and potentially dangerous set-up for veterans' health care. Amid the terrible epidemic of veteran suicides, an agency designed to help them is actually ignoring them. We the Threefold believe that the suicide hotline obviously suffers from mismanagement. Thus, we believe that the VA needs to be held accountable to policies put in place to ensure that veterans are cared for, particularly its policy that prohibits staff from placing callers on hold without completing a suicide assessment.

We the Threefold believe that the government should hold the VA responsible for its actions and the actions of its employees. We believe that loopholes in the system need to be identified, evaluated and eradicated.

We also believe that whoever wins the presidential election should make VA reformation a priority, because the agency cannot fix the problem on its own.

Threefold Advocate

The Threefold Advocate invites you to submit a signed letter to the editor. We ask that you keep your comments to fewer than 300 words, and we reserve the right to edit_for Samuel Cross-Meredith - World and space and appropriate content. The writer's phone number, classification and hometown must be provided. Email or mail letters by 6 p.m. on

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The Threefold Advocate would like to clarify that editorials, those pieces in the column above this paragraph, are the opinion of the editorial board. They are therefore not attributed to individual writers. The writings to the right, with mug shots and pithy headlines, are columns. Each is the sole opinion of the mug shot's owner. On occasion, readers wishing to respond to an article or to express a viewpoint will write a letter to the editor. The opinion pages serve as a community bulletin board and are meant to continue the dialogue about various issues relevant to the JBU community. Please write. We want your input.

Vote on key policies



Anna Gibson **CONTRIBUTOR**

The leaves are changing colors, the weather is getting cooler and politics are getting heated. Election season is in full swing and the political pool is boiling with some controversial candidates. As you mull over who may take the title of commander in chief, think about the following considerations: In what ways is this candidate going to impact me and the people I love? How is this candidate going to affect my values and beliefs? How will this candidate affect Supreme court decisions?

Think about how each presidential candidate will affect the country based on values held by the Christian faith. None of them are bornagain Christians, but their domestic policies and specific stances should align with yours. Donald Trump supports prolife legislation, is against samesex marriage, is willing to protect Christians in every part of the world, will build a wall between the United States and

Mexico and supports the Second Amendment. Hillary Clinton supports pro-choice legislation, same-sex marriage, opening U.S. borders and gun control reforms such as background checks and closing loopholes.

Gary Johnson presents yet another list of stances. He supports pro-choice legislation, same-sex marriage and creating a more efficient system of immigration. Although he supports same-sex marriage, he believes that churches should be allowed the right to refuse same-sex ceremonies. Johnson says that the current process of purchasing a gun should only be changed for "criminals and the mentally ill."

One important issue to consider is taxes. Is this candidate going to raise taxes, keep them the same or lower them? According to Time.com, single and married joint filers earning up to \$23,000 a year would have an average tax cut of 0.9 percent under Trump's tax plan. That same income group under the Clinton plan would see an average tax increase of 0.1 percent. Gary Johnson's tax plan would eliminate income tax, corporate tax and abolish the IRS. It would be replaced with a federal consumption tax, FairTax, which enacts a flat 23 percent tax on new goods and services.

Just because an individual has a history of poor character does not mean he or she is incapable of creating good policy. A person with a history of creating horrible policy is incapable of creating good

policy once elevated to a higher office. It will take more than simply relying on the sound bites circulated by the media to make a well-educated decision regarding this election. To make a sound decision, voters must look at the past actions of each candidate, do their research and educate themselves. One candidate has a long history of policy plunders, not fulfilling campaign promises and saying whatever it takes to get elected. The other has no policy creation experience, but that does not disqualify that candidate from potentially creating good policy regardless of character flaws.

Do you want a president that tells the hard truth or lies to save face? I urge you, fellow Americans, to look beyond poor word choice and select a candidate that you believe is trustworthy and can create good policy to help restore America. Sort through the clutter, and decide for yourself which candidate's policy will help create jobs, decrease the national debt and protect American interests abroad.

Think about which candidate will make your future brighter. Vote with this in mind, rather than with what the media has told you to believe about each candidate. This will ensure the most well-fit candidate of the remaining makes it into the Oval Office in January.

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Irip alters perspective



Jessica Jansma **CONTRIBUTOR**

Growing up in Brazil, I experienced many of the negative aspects of short-term mission trips, certain events and attitudes only witnessed by those on the receiving end.

I watched as mission teams impacted the lives of orphans in my home city. The teams taught the orphans to open their hearts to love and, upon the team's departure, forced the orphans to add the team members' names to their personal lists of loved

ones who had abandoned them. In my community along the Amazon River, I have also seen mission teams tour my home and culture instead of serving and encouraging the people who reside there and then I have watched exhausted full-time missionaries complete the shortterm mission team's unfinished work projects.

Though not all mission trips were characterized by negative aspects, many were. Therefore, over time, I cultivated a hatred

of short-term mission trips.

Knowing my aversion toward short-term mission trips, my family and friends were very surprised when I applied for the JBU Louisiana Disaster Relief Trip. Why did I apply for a short-term mission trip if I hate short-term mission trips? Good question. As embarrassing as the truth is, to be honest, I applied one weekend in the late-night hours after binge-watching a season of Supergirl on Netflix.

In my caffeinated, sleepdeprived state, I think I was inspired by Supergirl's sacrificial life toward others and wanted to do the same.

Though I debated retracting my application multiple times throughout the weeks leading up to Fall Break, I did not: God was already softening my bitter

In Louisiana, I witnessed the positive aspects of mission trips in new and exciting ways. Through the exhaustion of physical labor, I understood bits of each JBU mission team member's culture and story in a more authentic way than 'hammocking' in the Quad or coffee dates at Pour Jons could ever match.

Not only was I given the chance to better know my classmates, but I was given the unique opportunity to empathize with the courageous people of Louisiana and their heartbreaking stories. To open your home, in most every culture, is a sign of vulnerability and hospitality. In Louisiana, however, the people portrayed

the ultimate example of vulnerability: they opened their homes to be destroyed, their possessions to be discarded. As we threw away moldy trophies and water-soaked wedding albums, the home-owners shared their stories with us. Their testimonies of hurt and of hope will remain with me forever, and I hope that one day, if I ever endure a hardship equivalent to theirs, I will remember the Louisiana people's strength in Christ, despite adversity, and be encouraged. I also listened to the cultural story of Baton Rouge and New Orleans: jazz music and oysters, protests and poverty. Yes, we toured, but whereas previously I would have viewed tourism as a depreciation of authentic culture, I felt as if my experience in Louisiana was enriched by the small glimpse

into the bustle of city life. Are mission trips a blessing or a curse? It depends. Will I sacrifice myself to work hard without complaining? Will I humble myself in a place that is someone else's home? This trip showed me that so often in the past when I deemed a short-term missions trip as "unrewarding," I did not comprehend the trip's influence on the individual team member. I know now that God can use short-term mission trips to impact the life of an individual on the mission team, and thus alter her entire perspective of the world.

Jansma is a sophomore majoring in family and human services. She can be reached at JansmaJ@ jbu.edu.

got opinions?

Chances are you do. Let your voice be heard. Write for the opinion pages.

For more information email us at: advocate@jbu.edu or ayalae@jbu.edu

End racism, continue conversations



Alicia WattCONTRIBUTOR

Colin Kaepernick played his first game of the season Sunday, October 16, but not everyone was pleased to see him out on the field again. Cans were thrown at him. T-shirts were made and sold depicting a target on his chest. By now, everyone is aware of his peaceful protest of systemic racism, and we all have our opinions.

As I continue to read articles and interviews and see more black men and women killed by law enforcement officers. I am scared and heartbroken at what is happening to our nation.

So, I feel that it is time for me to add my opinion, especially as a transracial black adoptee. There are three statements that I hear most often about Kaepernick's protest that I'd like to address.

equal." I am American, yet I am angered and disappointed at how my country has continuously handled issues involving people of color: blacks, Mexicans, Asians and Natives to name a few. When does being patriotic mean being okay with ALL of our

"Protest is supposed to be disruptive and uncomfortable. How else will light be shed on the issue and action put in place?"

"Kaepernick is being unpatriotic." First, there is nothing "unpatriotic" about puttin

"unpatriotic" about putting a spotlight on systemic racism and recognizing that it's definitely not okay. In fact, it is more "unpatriotic" to stop talking about racism or police brutality altogether when our Constitution clearly reminds us that "all men are created

country's actions or continuing to believe that everything is okay? Kaepernick is forcing us to take a hard look at where we've gone wrong and then find ways to do better.

"I respect Kaepernick's right to protest, but I don't like the way he's doing it." Someone said this to me last week. I've noticed that a lot of people feel the need to dictate how minorities should react

to history. "Slavery was in the past; stop bringing it up and move past it," "Be grateful," "People shouldn't be protesting like that." When there is violent and physically disruptive protest, we are told to choose a different way. When we choose to silently and peacefully protest our struggles (as in the case of Kaepernick) we are told again that our way is not right. Protest is supposed to be disruptive and uncomfortable. How else will light be shed on the issue and action put in place? If we are so bothered by racism, what is being done?

"How is his protesting influencing anything?"

Kaepernick's protest has been very influential. It has led him to donate money as well as use his celebrity status to start conversations. There are middle school and high school teams joining him in protest. Conversations are being started and hopefully steps are being taken to ensure that more black men are not killed by the police for walking down the street, wearing a hoodie, sitting in a car or carrying a gun. We in the

black community do not have Martin Luther King anymore. We are getting pushed back when we cry "Black Lives Matter!" We need Kaepernick's voice to remind us that the fight for equality is still happening.

So, what am I trying to say here? Before pushing against Kaepernick's right to protest, his anger at police brutality and our continuing battle with institutionalized oppression, please understand why he is doing it. Please understand that racism is still alive in this nation.

In order to put an end to racism, conversations and action (often in the form of protest) need to continue. Our voices must be united and those with lived experiences must be given center stage. As Christians we must recognize that black lives matter.

Watt is a sophomore majoring in elementary education. She can be reached at WattA@jbu.edu.

Have faith that God is always moving



Maribelle Perrigo

CONTRIBUTOR

Eight John Brown University students, a faculty member and I took a trip to Chicago, Illinois to learn about issues of race and poverty within the city and our nation over fall break.

We went on a trip hosted by Sunshine Ministries, located in Woodlawn, Chicago, a neighborhood in the southern part of the city. Woodlawn, a dominantly black community, is considered to be an impoverished neighborhood. There are decrepit apartment buildings everywhere. There is trash littering the street. The schools are failing. The neighborhood is carved into gang territories.

Woodlawn is not suburban America. However, when we rolled into the neighborhood at 1 a.m. on Saturday, God instantly impressed me with the beauty of the neighborhood. Woodlawn is a unique place with unique people, and God is very present there. Sunshine Ministries is doing good work with the people of Woodlawn.

I think in the American church we have a very "fix-it" attitude. We hear reports about violence or overwhelming poverty and we're immediately impressed with the extensive brokenness of our world. We have the notion that if we aren't fixing it, nobody is. Hopefully I am speaking only of myself, but I know I'm not.

Before going on the Chicago trip, I was thoroughly depressed by how deeply racism has etched itself into America's institutions. I think what I was really depressed about was the realization that I can't fix it.

We attended an African American Baptist church on Sunday morning. What struck me the most about the church was their worship set. Most of their songs, if not all of them, were about praising the Lord. They were not pleas for strength or for God to change them, but praise songs. The members of the church experience racism perhaps daily in their home country, but they did not come together to pray for deliverance or demand that their suffering be seen. They came together to praise the name of the God of the universe, who can work all things for their good.

Sunshine Ministries is not fixing Woodlawn, because, honestly, the neighborhood's brokenness runs deep. What they are doing is offering themselves, their gifts and knowledge, to the people of Woodlawn. Why? Because God is moving in Woodlawn. else to further His work. That isn't to say we shouldn't have a concern or feel disheartened when we hear about persecuted shootings or crippling poverty, we should feel sad. We should feel that brokenness. But I pray we also feel the overwhelming



Courtesy of **SMLT**

Students and faculty prepare to go on the fall break Chicago immersion trip.

We need to realize, as a church, that our God is the God of the entire universe and He is moving even when we can't see Him in our immediate context. He doesn't need us to bring redemption. If we aren't willing to respond to issues of race or poverty, He will find somebody

Christians or hurting people groups, but our hope in God's redemption and movement should exceed our hopelessness for the world's brokenness.

In everything, our praise and hope for the Lord should be greater than our desire to fix anything. When we hear about

goodness of God and have faith that he is moving in those situations.

Perrigo is a junior majoring in English. She can be reached at PerrigoM@jbu.edu.

Six things seniors can learn from freshmen



Hannah Walters
CONTRIBUTOR

This time of year, everyone is trying to give advice to freshmen, and honestly, it can be a little overwhelming. But here's a little secret for my freshmen friends: the rest of us don't have it all figured out either. In fact, the truth is you're a lot better at some things than the rest of us, not in spite of being freshmen, but because of it. As a senior, I've watched the freshmen on

campus and realized that there's a lot that the student body can learn from our most recent members. Upperclassmen, maybe you should think like a freshman every once in a while. So, to help you figure out how and why to do that, I've compiled a list of habits my fellow upperclassmen and I can learn from the JBU class of 2020.

1. Try New Things.
When you're a JBU freshman, everything is new and exciting. I know for my part I wanted to try it all. I didn't think twice before joining the Student Ambassadors, or auditioning for a play or musical ensemble. I wasn't stuck in a rut because there were no ruts. So be adventurous. Join a club. Go on a hike. Do something that surprises yourself.

2. Talk to Strangers.
Unless for some reason you magically know every single soul on campus, you need to try this one. Freshmen don't

hesitate to walk up to someone in the caf and say, "Can I sit here?" There is no expiration date on making a new friend. You are not too cool to meet new people. Try it. I dare you.

3. Be Excitable. I get it. You're busy. You're stressed about a billion things all at once. But nobody wants the burnt-out, can't-wait-to-getout-of-here attitude known as Senioritis. Upperclassmen, your JBU clock is ticking. Enjoy college life while you can, because it doesn't last forever. Watch how the freshmen take every new experience like it's the most exciting thing ever: "TP Game? That's awesome! Doug the Deer? I need a selfie! 1 a.m. Swepco swimming? Heck yeah!" Let yourself get excited. Don't forget how to

4. Call Mom.

have fun.

You are not too old, too cool, or too busy to talk to your mother. You think you're too old to be

calling mom just cause you're a college senior? Please. The woman will still want you to call her when you're 50, so just call. You'll brighten her day.

5. Lock up your bike. Seriously? I got made fun of for locking my bike because I "looked like such a freshman." Yeah, a smart freshman.

6. Don't be afraid to say "I don't know" When you're a senior, there's a certain pressure to have your whole life figured out. True, the dreaded "real world" is a lot closer now than it was four years ago, and true, you do need a plan. But when the driving force of your life revolves around how you'll answer the question "what are you doing after graduation?" it can be enough to drive you crazy. When you're a freshman, you don't have all the answers, and that's okay. Listen, it's okay when you're a senior too. Please

don't read this and decide to

change your major one semester before graduation. That's not what I'm saying. I'm saying that nobody, regardless of age or experience, has it all figured out. Don't put that pressure on yourself. Sometimes, the right answer is "I don't know."

Thanks, Class of 2020. You keep on being you. Hopefully the rest of us will pick up on it.

Walters is a senior majoring in communication. She can be reached at WaltersH@jbu.edu.



Rachel Musiime Staff Writer musiimer@jbu.edu

Flashes of lighting strike the stage and the actors begin to chuckle. They suddenly burst out into chorus singing "I saw the light."

The ladies are dressed in white long dresses and are holding red handkerchiefs in their hands. The men are suited up in khaki long sleeved shirts and pants. The actors talk amongst themselves. The sense of connection between the actors is felt across the stage. The lights go out and the next scene begins. Welcome to John Brown University's Fall Production: "The Secret Garden."

"The Secret Garden" is a musical based on a children's novel by Frances Hodgson

Burnett. The story is about Mary Lennox, who was orphaned in India and now returns to Yorkshire to live with her bitter and solitary uncle and his son. Lennox's uncle lives in a mansion that is full of secrets such as the "Dreamers", spirits from Mary's past that guide her through her new life.

Mallory Hampton, sophomore intercultural studies major, plays the role of Lennox. Hampton has had a wonderful time being in this production and enjoys hanging out back stage with the other cast members.

"A challenge I have faced while acting is the fact that I can't do scripted laughs. When I try for a fake laugh it comes out sounding like a goose; it's horrible. Also memorizing all the lines is very difficult at times," Lennox said.

Luke Merrick, junior music major, plays the role of Archibald Craven, the uncle with whom Mary comes to stay with.

Merrick enjoys singing and acting and when asked about his favorite thing about the production he said, "Other than the people who I am in it with, it has to be the music. I know that sounds cliché, but the music is really incredible and the lyricist has done a wonderful job of reinforcing the high and low points of the play with appropriate music."

Liesl Dromi is the director of the musical and her favorite things about the production are the universal themes of grief and loss, overcoming hard circumstances, the power of love to heal and renew people and relationships.

"These universal themes

are told primarily through the perspective of young children, which brings a magical freshness to the story." Dromi said.

Dromi, a mother of three, chose this production because she wanted to present an artistic experience that would inspire and uplift children, and reawaken childlike joy and wonder in adults.

Dromi said she found challenging to bring this musical to life since the story takes place in two different continents, making it difficult due to limited space.



"It forced the production design team to be nimble and creative, and I think the result is artistically and emotionally compelling," Dromi said.

Pour Jons: A coffee shop for all peop

Camille Watson Contributor watsoncn@jbu.edu

The tantalizing aroma of fresh brewed coffee

pulls customers into Pour Jons Coffee and Vinyl Shop, and the smiling faces inside encourage them to Chris and Emily Moore,

husband and wife duo and co-owners of the shop, wanted it to be a place for all sorts of people, thus fostering a welcoming and inclusive athmosphere.

Plush yellow chairs and an old fashioned vinyl player create a nook space under the stairs by the door. The rest of the room is filled with darkly stained booths and tables.

A long bar cluttered with different types of coffee spans one wall length.

Visitors can glimpse into the past by looking at the creative doodles covering the wall.

The upstairs is composed of an assortment of different chairs and tables. The eclectic nature of the area creates a unique space for studying, catching up with friends or relaxing.

Emily Moore started her career at Pour Jons about two and a half years ago. Her husband, Chris Moore, bought the shop about four years ago, and when they got married she joined him in the business.

John Smith, alumni of John Brown University and graduate of the



construction management program, helped build the inside of the shop. Moore said that he helped create the aesthetically pleasing bar and effective flow of the shop.

"We want our place to remain approachable and attainable for all people, from extreme coffee enthusiasts to farmers,"

Moore is aiming to create in Pour Jons.

Specialty coffee has become very popular in the past several years, and Moore understands that the coffee world can become pretentious because of that.

She said that although they serve specialty drinks, she doesn't want the extravagant label that

to chat. She loves the shop's "home-feel," and said she feels comfortable and cozy.

Moore said their preeminent priorities are community and customer service. Moore trains her employees to make quality drinks and food for their patrons, and they do all they can in their budget to get the best coffee for the customer.

Morrow wasn't sure what to order, so she tried a Carmel Coffee Blitz which she described as "fabulous."

When asked why students should visit Pour Jons, Moore said, "Everything we make is made really well, no matter what you get." Moore believes customer

service is the key to having a successful business. "You can't really do anything about another business having a better product than you, better marketing or more money because some things are out of your control, but if your competing business has better customer service, that's on you," Moore said.

Pour Jons provides a third space, which is any place where people spend time besides work or home. Moore loves to be a part of creating this third space for so many people.

Anyone can come to Pour Jons to decompress over a cup of coffee by themselves, hold a business meeting, do homework or chat with friends.



The Threefold Advocate

LIFESTYLES 9

First CoverBoy and beauty industry re-defined

Rachel Musiime Staff Writer musiimer@jbu.edu

CoverGirl, an American cosmetics and beauty brand, is known for having celebrities such as Sophia Vergara, Katy Perry and Pink feature as its models.

For the first time ever, on October 11, the beauty company announced its first CoverBoy, James Charles, a 17 year-old makeup artist.

Charles will be promoting CoverGirl's new makeup mascara, "So Lashy," which is designed to be effective on all types of lashes, according a press release shared by the brand.

Charles was a hair stylist when he first joined the beauty industry. One day, his friend had a school dance and she needed someone to do her makeup so he decided to help her. She then posted a picture and people liked it. Charles's following started to increase.

"My first reaction was 'wow'," said Jane Le, sophomore marketing major, when she first heard that Charles was announced as the first CoverBoy.

"To be the very first CoverBoy, he really does have the talent to be standing where he is now. I actually admire his talents, determination, discipline and courage," Le said.

Charles posts makeup tutorials on his YouTube channel, which currently has over 100,000 subscribers, yet he launched it less than a year ago.

Some of his videos feature fake freckles, boy glam and chunky glitter makeup tutorials.

a wide fan base on Instagram with over 700,000 followers.

Charles also has

"Who says makeup is

solely for women?"

Laurel Wilson, sophomore art and illustration major asked. "Nowhere did it say it was and I think all of the male makeup artists out there should be shown off just as much as female makeup artists are."

Wilson considers makeup as an extension of art. She enjoys putting it on and likes the convenience of washing it off to create something new the next day. Wilson believes that makeup is not a way of covering up who you are but an extension of your personality and character.

NBC news reports

that in 2006, \$4.8 million was spent on male grooming products in the U.S., as investigated by Euromonitor, a London-based marketing and research company.

This shows that not only women, but also men, are interested in

Follow

products that help to enhance their image.

Other famous male YouTube makeup artists include Manny Mua and Patrick Starrr, who believe that beauty is a genderless form of expression.

In an interview conducted by Forbes, both Mua and Starrr claimed that men should join the beauty community because beauty is genderless and it is a "one size fits all" market.

Wilson believes that Charles becoming the new CoverBoy shows that strides are being taken within our society as people are more open and accepting to others.

Makeup artists such as Charles and Mua show that men can be just as talented as women in things as simple as makeup.

"Hopefully we can see more changes for both men and women and continue to pour out this kind of love and appreciation," Wilson said.



all of you. view all 3,827 comments

icharlesbeauty

jcharlesbeauty I am so beyond excited and

overwhelmed and happy and astonished

and of course, SHOOK, to announce that I

am the newest face of @covergirl. First ever

male ambassador for the brand and I am so

honored and excited to be working with

Instagram one year ago to inspire others

and as an artistic outlet to challenge myself

creatively. I truly hope that this shows that

anyone and everyone can wear makeup

and can do anything if you work hard. I

can't wait to share with you all what we

have in store, but trust me when I say it's

gonna be real good. 🥯 💞 make sure you

check out @covergirl's page for more info

coming soon, and my new bff @katyperry

as well for a cute pic! 199 Thank you all so

much. This would not be possible without

such an iconic brand. I started my

90.3k likes

Courtesy of JAMES CHARLES

Student author ministers through writing

Zeke Willcox Staff Writer willcoxej@jbu.edu

Just about every time Marjorie Jackson sits down at her desk to write, she folds her hands, bows her head and prays. In her prayers, Jackson asks God that He would write through her and that her words would not be her own.

"I might have some good things to say, but I'm not going to have anything that is going to be really life-changing or as impactful," Jackson said. "God's word is ultimately what is going to penetrate others."

The perky and talented Jackson said she feels called to evangelize to the world around her and started that impact one book at a time.

By the age of 18, the sophomore graphic design major already composed two books with a fresh perspective of a young Christian woman. Jackson's first, "The Greatest Book You've Never Read," attempts to foster excitement and spiritual hunger in children and teens as they read the Bible.

Not yet published, her second book "Devoted: A Girl's 31-Day Guide to Good Living with a Great God," is devotional for teen girls.

It is unique as it is "half devotional, half coloring book" featuring Jackson's personal hand lettered art in the form of Scripture verses. When she was 15, Jackson wrote, edited and illustrated her first book "The Greatest Book You've Never Read" with the help of her parents.

Hailing from a homeschooling family, Jackson's parents recognized her skillful writing and issued a challenging English assignment: to ditch the dull grammar and English textbooks and create her own book.

At the time, Jackson was ploughing through the Old Testament, rediscovering her deep love and appreciation for the Scriptures.

Jackson desired to share her same excitement with others, so she took this idea, wrote and published her book.

On December 17, 2013,
Jackson said she felt a thrilling
rush of joy as she held the first
printed and bound edition of
"The Greatest Book You've
Never Read." Almost two years
later, Jackson felt a similar
rush when a literary agent
stumbled across her blog, fell
in love with her writing and
asked to represent her with
her future writing projects

her future writing projects
Jackson toyed with several
new book topics, then soon
pounced on the idea of a teenage
girl's devotional. It seemed
relevant to her as a growing
young woman to relate and
encourage girls with similar
and dissimilar struggles.
Jackson stressed that she
writes as a friend and fellow
empathizer for her readers.

"I'm not writing because

I think I know everything, or because I'm perfect, or because I'm a super Christian or anything," Jackson said. "Sometimes, I'm going through spiritual battles as I'm writing. It's because Satan wants to counteract what Cod is daine."

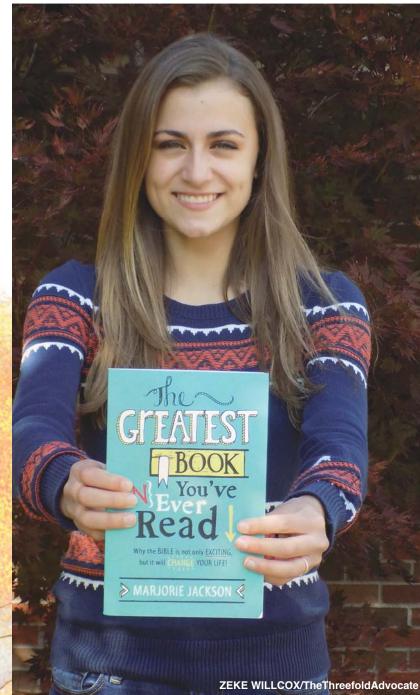
what God is doing."

With this mindset, Jackson plunged in to full writing mode and popped out the final draft of her book in two months. Jackson's literary agent sent the draft to several publishing firms, which Barbour Publishing picked up. The draft went through two editorial staff meetings before the publishing

company made an offer.

In May 2017, "Devoted:
A Girl's 31-Day Guide to
Good Living with a Great
God" will hit bookstore
shelves, and Jackson could
not be more excited. Jackson
said she hopes her book
stirs her readers' hearts
as a call to action and
growth in their faith.

"When we live for something that is bigger than us and when we are devoted to someone who is higher than us, and when we are humble before the Lord, ultimately that is when we are going to make a difference and that's when our lives are going to be fulfilling." Jackson said passionately. "I really hope that I can encourage girls to seek the Lord more diligently and be devoted to Christ."



Player heads relaunch of FCA

KJ ROH

Staff Writer rohk@jbu.edu

Brittany Ayers, sophomore volleyball player at John Brown University, is working to establish a Fellowship of Christian Athletes club at JBU this year.

"FCA at JBU will provide an environment where student athletes are easily able to recognize not only their athletic potential, but their spiritual potential," Ayers said. "My hope is that JBU athletes, through FCA, will be able to fully grasp what it means to play their sport and run their race with God."

FCA is an organization that works to promote the Gospel through athletics, working with athletes as well as coaches. Their mission is to "present to coaches and athletes, and all whom they influence, the challenge and adventure of receiving Jesus Christ as Savior and Lord, serving Him in their relationships and in the fellowship of the church."

"As an athlete at JBU, I understand how easy it can be to just go through the motions and simply become subject to your athletic schedule," Ayers said. "It's especially easy as an athlete to think that I don't have time or need to worry about joining any other extra-curricular activity or ministry opportunity."

Ayers has had personal experience with the impact FCA has on athletes, having been involved in FCA since middle school. After attending an FCA summer camp in her home state of Missouri, she felt a calling to continue her involvement with the organization.

"The camp really opened my eyes to how powerful it could be to really play sports for a higher purpose," Ayers said.

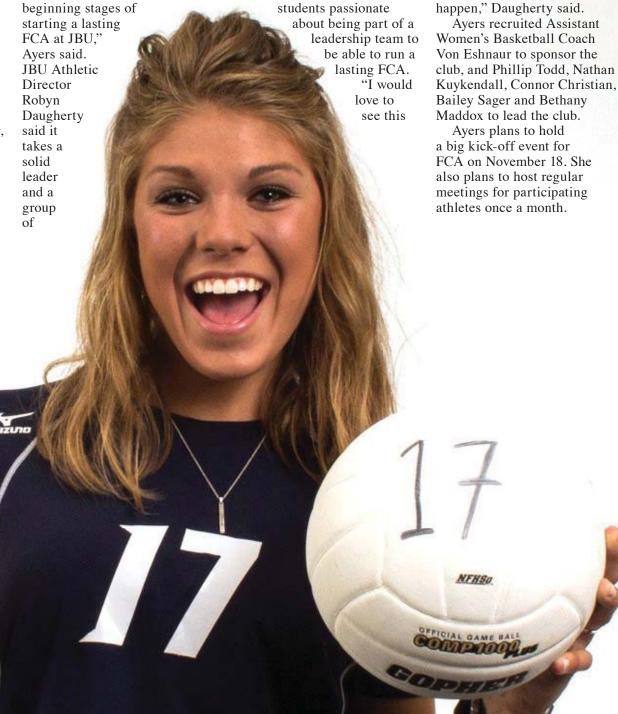
Since then she has interned with FCA in Huntington Beach California and continues to share her passion with FCA with those around her. "My passion for FCA

through high school, as well as my direct involvement with FCA ministry this past summer, definitely influenced me to start the FCA at JBU," Ayers said. "God continually put the idea on my heart last year." In the past JBU has had

an FCA chapter. The last one took place place during the 2013-2014 school year. Usually students led these FCA meetings once a week.

This time, Ayers wants the club to last. She has spoken to the Northwest Arkansas area FCA director as well as the campus representative about restarting FCA at JBU.





Courtesy of EMILI WIDNER

Women's volleyball player Brittany Ayers is launching a chapter of Fellowship of Christian Athletes at John Brown University that she hopes will last for years.

Meet the rookies of undefeated soccer team

KJ ROH

Staff Writer rohk@jbu.edu

The John Brown University men's soccer team is undefeated this year, winning 11 of their first 13 games and tying two. The team continues to be ranked as one of the best in their conference. They owe a portion of their success to the eight new players joining the team this year.

Tim Huffine, a freshman defender from Lee's Summit, Missouri, is one of the new players already making an

impact on the team. "I have been very impressed with Tim's work rate and his quick adjustment to the college game,"

Scott Marksberry, head coach, said.

Marksberry said he didn't expect Huffine to start at the beginning of the season, but his hard work earned him a spot as a starter for the Golden Eagles. Huffine has

one assist so far this season. Joao Silva, a freshman midfielder from Belo Horizonte, Brazil, said the soccer team helped him make the transition

to college life much easier. "I try to bring the culture of the team of pursuing perfection to the classroom, to the work study, to everything that I do

from now on," Silva said. Marksberry said Silva is a technical player who is adjusting well to life in the United States and on the soccer team.

"I have high expectations for his growth potential," Marksberry said.

Steve Teshima is the only transfer on the team this year. Teshima is a junior forward from Honolulu, Hawaii.

"He is very calm and intelligent on the field," Marksberry said. "[He] has become a key piece of our reputation as a dangerous attacking team."

Estiven Saldarriaga, freshman defender, is from Medellin, Colombia. Marksberry said Saldarriaga is able to play multiple positions on the field, which is a skill that greatly benefits the team.

"Versatility is valued in our program," Marksberry said. "Estiven is proving to be one of the most versatile new players on the team."

Amilcar Gonzalez, a freshman midfielder from Springdale, Arkansas, is coming back from an injury he sustained 18 months ago.

"He has the tools to become a major impact player as he gets closer to his full speed," Marksberry said.

Connor Christians is a freshman midfielder from Overland Park, Kansas who transitioned this year to playing an unfamiliar position.

"He is learning the job as an outside back quickly, and has the athleticism to do very well in that role," Marksberry said.

Ryan 'Gary' Smith is a freshman defender from Houston, Texas.

"Gary has good size and great combination of technical skills and leadership qualities that our team needs," Marksberry said.

Marksberry said he believes Smith will be an important player for the team in the coming years.

Benard 'Mash' Mwangi, a freshman forward from Kitale, Kenya, is the final rookie rounding out the team.

"Mash has loads of pace and can serve a ball well," Marksberry said. "He certainly has some tools to use."

up, Marksberry said he has high

As their season begins wrapping expectations for his team. "One of our team goals is to

play the game in such a way that we are able to worship through sport," Marksberry said. "In the same way that an artist or musician attempts to worship and bring others into worship through their work, we want to worship and bring others into worship

through the game of soccer."



KARLA CONDADO/TheThreefoldAdvocate

Left to right, Ryan Smith, Benard Mwangi, Estiven Saldarriaga, Steve Teshima, Connor Christians, Amilcar Gonzalez and Tim Huffine are among the first-year students on the men's soccer team. Joao Silva is not in the photo.

November 3, 2016

The Threefold Advocate

SPORTS 11

Athlete's faith and skill built by gap year

TIM HARMON

Staff Writer harmont@jbu.edu

You wouldn't think it by looking at him, but Brenton Quintez Toussaint is a country boy at heart.

Growing up in Natchitoches, Louisianna, a town of 18,000, Toussaint said "all we really do is go hunting, play basketball, ride fo' wheelers, dirt bikes... and you know live the country life."

He owns his roots as country boy, but it was not a perfect childhood. Toussaint vividly recalls moments of blatant racism against him as a child.

"Some areas in Louisiana, they'll put guns up on you," Toussaint said. "Once me and my cousin were on a walk one day, just walking, and this guy had said, 'get off my property,' and then he called us the n-word. He pulled out a gun and then his wife came out and asked, 'Honey, what's wrong,' and then she had a gun on her too. So we had to run from over there. That's the most scared I've been in my life."

That encounter did not stop Toussaint from living on the edge. He admits that he hasn't always made the best decisions. Sometimes those bad decisions through the crowd that he's run with. One of the crazier things that have happened to him wasn't his fault, but he still almost faced jail time for it. Toussaint recounts driving his cousin, who, unbeknownst to him, was a drug dealer. Toussaint got pulled over and the police officer found drugs. The officer was going to arrest them both for possession of drugs, but Toussaint's cousin was honest about Toussaint's unknowing involvement, so Toussaint got off without being arrested.

Toussaint readily admits that road is one he could've easily gone down, one that many people he knows have gone down. The Square, where Toussaint's grandmother lives, is a hotspot for gangs. Many of his friends looked up to the young adults, many of whom were gangsters. They convinced the kids that gang-banging was good for them. Toussaint said a kid named Buster, who was only fourteen years old, decided he wanted to be thug and got shot in the head last year.

Toussaint said it is hard to see people around him get killed.

"But he picked the way he



KENZIE MEEKER/TheThreefoldAdvocate

Brent Toussaint grew up playing basketball in a small Louisiana town. He took a gap year after high school and landed at John Brown University.

wanted," Toussaint added.
"You can't want to be a
gangster and not suffer the
consequences. You can pick
the right path. It's not hard."

Toussaint, too could've continued to stay on that path, but he credits his faith for saving him from where he was. Specifically, he credits his dad for influencing him to grow in his faith. From phone calls asking him deep questions and checking in on his prayer life, to the joy his dad has, Toussaint said emphatically that without his dad's guidance, he would not be the man he is today.

Toussaint also credits Adam Donyes, president of the Kanakuk Link Year, a faith-based gap-year program, for influencing him.

"He calls me every week,"
Toussaint said of Donyes.
"He always talks to me about
[Bible reading], how have I
been growing in my faith and
if I have any questions about
anything spiritual. But that's my
dude. We can always talk... I
can really call him my mentor."

That's not all Toussaint credits Adam Donyes with. At the age of 11, Toussaint began his journey in the sport of basketball. He won the City League championship and to this day still has the trophy. From that point forward he was hooked. He had some downs, such as getting cut from his sixth-grade team, and many ups, such as working his tail off to progress over the course of that next year to start on his

seventh and eighth grade teams. AAU teams came knocking and Toussaint played for a team in Baton Rouge. He then seized the opportunity to travel to Texas, California, New York, Wyoming, Vegas, Indianapolis, and Mississippi. He had a tumultuous but successful high school career, but going to Link Year and playing on their basketball team springboarded him into greater things.

Toussaint is quick to once again credit the gap year program by stating that it opened many doors for him. It was the first time he had the opportunity to truly shine. His best friend Tivonte Hardy, big name recruit, would begin the year with Toussaint, but halfway through left. Toussaint

then began to showcase his ability to play the sport. He went from averaging 8 points a game to dropping 25 points when injured, 22 points backto-back, 25 points in another game and so it continued.

In February, when Toussaint got to go to the Bahamas with Link Year, he said he played a magnificent game, dropping "probably 45 on them."

Toussaint's going to keep on growing and learning and becoming a better man, but the lessons he learned at Link Year may be the one that the big man with the big smile holds closest; "Never take a backseat [on the court], keep being Brent, smiling all the time, keep everybody in a good mood."

Schedule of upcoming home games

Friday, Nov. 4

@ 5:30 p.m.
Women's soccer vs. Wayland
Baptist

Saturday, Nov. 51 @ 2 p.m. Men's soccer vs. Texas

Wesleyan

Monday Nov. 7

@ 8 p.m. Women's basketball vs. Ecclesia

Tuesday Nov. 8 @ 7 p.m. Men's basketball vs.

Benedictine

Thursday Nov. 10

@ 7 p.m. Men's basketball vs. Barclay

Friday Nov. 11 @ 8 p.m.

Women's basketball vs.

Lindenwood-Belleville

Saturday, Nov. 12

@ 3 p.m. Women's basketball vs. Ozarks

@ 5 p.m. Men's basketball vs. Lyon

Tuesday Nov. 15 @ 7 p.m. Men's basketball vs. Ozark Christian TO HAND IN THE PARTY OF THE PAR

Thursday Nov. 17
@ 7 p.m.
Men's basketball vs. Ozarks



Kimmy Deines
Women's Basketball

Major: K-6 Elementary Education

Year: Junior

How did you get into your sport?

My entire family plays basketball, so it's just something that runs in our blood.

What made you decide to play for JBU?

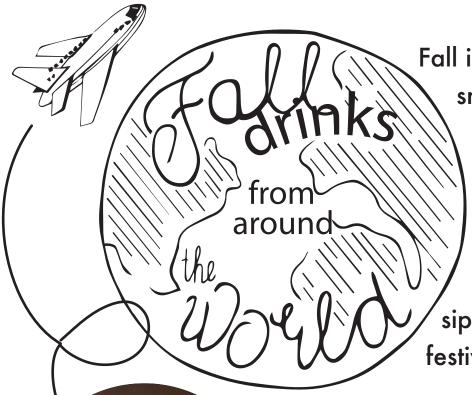
I had heard about it from a family friend that used to play here. When I came to visit I just fell in love with it, and knew this was the place that I wanted to be at for the next four years.



MAGENTA PLATE YELLOW PLATE
50 40 30 20

BLACK PLATE

0 80 70 60 50 40 30 20 15 10



snow boots, and, most importantly,
pumpkin spice lattes. With World
Awareness Week, however, comes
the invitation to look outside oneself
and learn about other countries and
cultures. The next time you sit down to
sip a pumpkin spice latte think of these other
festive drinks from all around the globe.

known for drinking thick
eggnog as their already chilly
weather turns colder. Eggnog
is mixed eggs, milk and sugar.
A little cinnamon or nutmeg
makes this beverage
even better.

Scandinavian
Glögg, a mulled
wine or its non-alcoholic
counterpart made with blackcurrant or grape juice, welcomes in the winter months.
It is mixed with cinnamon,
cloves, orange, raisins
and almonds.

Conquito in
Puerto Rico made
from condensed milk,
coconut milk or cream
of coconut, vanilla, and
spices, is a rich,
chilled drink.

Though not
John Brown University
approved, a German favorite
for the holidays is Glühwein
which is mulled wine spiced
with a mixture of cinnamon,
cardamom, ginger
and orange.

The Jamaican
Christmas drink
sorrel punch is mostly
made from hibiscus
petals (sorrel)
and sugar.

Dried fruit
floating on the top
of this spiced beverage
may seem foreign to some
Americans, but in Guatemala,
the holiday season is celebrated with just that, a drink
called Ponche de Frutas
de Guatemala.

Siloam Springs'
drink to ward off the
winter weather is the Smokey
S'more made at Pour Jons. The latte,
which is partially set on fire, includes
brown sugar, nutmeg, cinnamon made
into a latte and topped with a roasted
marshmallow and drizzled chocolate.
This concoction tastes a little bit like
a marriage between hot chocolate and a latte.

PHOTO BY ASHLEY BURG

In Chile,
the Cola de Mono
or "Monkey's Tail" is
preferred. This eggnog-like
drink is served cold and made
with milk, coffee, vanilla
bean, nutmeg, cinnamon
and cloves.

WRITTEN BY ABBY CHORLEY DESIGNED BY CHRISTIE NICHOLAS